



Systematic Training for Effective Parenting

For parents with children 6 and under

Parenting young children can be unusually rewarding, occasionally difficult, and always a challenge. Early Childhood STEP can help parents meet the challenge. Early Childhood STEP adapts and expands the proven principles and techniques of STEP while vividly illustrating how they can be applied to babies, toddlers, and preschoolers. Seven sessions address a range of important topics

- Understanding Young Children
- Understanding Young Children's Behavior
- Building Self-Esteem in the Early Years
- Communicating With Young Children
- Helping Young Children Learn to Cooperate
- Effective Discipline
- Nurturing Emotional and Social Development

When: Wednesday, April 14th to Wednesday, May 26th

Where: Parksville Community & Conference Centre
132 E. Jensen Ave., Parksville

Time: 6:30 p.m. to 8:30 p.m.

Cost: \$100 for individual, \$150 per couple includes 1 workbook per family

How to register: Completed registration forms along with payment payable to the Parent Support Services Society of BC can be mailed to Parent Support Services PO Box 86, Nanoose Bay, BC V9P 9A9 or they can be dropped off at the Parksville Community & Conference Centre week days -9 am and 4 pm.

Registration Deadline: Tuesday, April 6th, 2010

For more information please call the Parent Support Services Society of BC at 250-468-9658 or email parent@telus.net

