

Learn new ways to nurture and love your child
Find understanding, support and encouragement to
Be the parent you want to be



Parent Support Circles

- Free • Weekly • Confidential • Open to all parents with children aged 0-12

Each self-help parent-support Circle is led by two trained facilitators

Childminding and transportation assistance is available with some Circles

Here's what Circle members say

"Helpful. High Quality"
"Get support, feedback and new ideas"
*"Hear from other parents and know
... You're Not Alone"*
"Refreshing. Vital"

Here's what the stats say

*Over 95% of PSC parents who completed the
2003 PSC evaluation, indicated that they:*
** felt closer to their children and*
** enjoyed their children more
directly because of their Circle!*

In Your Area

Abbotsford * Burnaby (Evening & Cantonese) * Delta (Grandparents Raising Grandchildren)
* Gibsons * Langley (English & Latin American) * Meadow Creek *
Nelson (Day & Evening) * Powell River (Aboriginal) * Richmond (Day) * Surrey (Filipino)
* Tri-Cities (Monday Evening & Tuesday Evening)
Vancouver (Mt. Pleasant, Aboriginal, Filipino, Mandarin, Cantonese & Latin American)

For more information:
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1-800-665-6880
www.parentsupportbc.ca