

Grand Connection



Welcome to the Grand Connection! The Parent Support Services Society of BC (PSS) on Vancouver Island has created this publication to bring you the news about our programs for Grandparents Raising Grandchildren (GRG'S) and other kinship care providers on the island!

Grandparents Raising Grandchildren (GRG) Support Circles

Raising children the second time around can feel overwhelming at times. Sometimes it helps to know that you are not alone. Grandparents Raising Grandchildren (GRG) Support Circles are free, confidential groups that provide an opportunity to meet other grandparents raising grandchildren or other relatives who are raising relatives' children to share information, stories and find out about resources.

Grandparents Raising Grandchildren Support Circle groups (Vancouver Island)

Victoria - View Royal - day time group! Eagle Creek Village, Quality Foods Store, 27 Helmcken Rd., Victoria

community meeting rm, upstairs

Thurs, Feb 27th 10 a.m. to 11:30 a.m. Thurs, Mar 26th 10 a.m. to 11:30 a.m.

Victoria, (Esquimalt – evening group) at <u>Esquimalt Rec Centre, 527 Fraser St., Victoria - Viewfield Room.</u> *Meeting dates to be announced!*

Duncan – Evening group Sands Reception Centre, 187 Trunk Rd.

Thu., Feb 13th 6:30 p.m. to 8:30 p.m Thu., Mar 12th 6:30 p.m. to 8:30 p.m.

Nanaimo - Evening group Child care space is available with registration call or email for further details!

Wed., Feb 12th 6:30 p.m. to 8:00 p.m. – Child Development Centre, 1135 Nelson St., Nanaimo Wed., Mar 11th 6:30 p.m. to 8:00 p.m. – Child Development Centre, 1135 Nelson St., Nanaimo

Nanaimo - Daytime group Nanaimo Aquatic Centre, 741 Third St. Nanaimo - Jack Little A room

Tues., Feb 4th 10:00 a.m. to 11:30 a.m. Tues., Mar 3rd 10:00 a.m. to 11:30 a.m. –

Parksville/Qualicum Beach Daytime group Family Place, 494 Bay Ave., Parksville - Rm 121

Fri., Feb 14th 11:30 a.m. to 1:30 p.m. Fri., Mar 13th 11:30 a.m. to 1:30 p.m.

Grandparents Raising Grandchildren BC on Facebook



The GRG BC Facebook group provides a larger opportunity for connection, sharing of resources and information. Grandparents raising grandchildren and other kinship care providers in BC can join through the following link: https://www.facebook.com/groups/145017612556075/

February 2020

Pink Shirt Day Wednesday, February 26th, 2020

In 2007 in Nova Scotia, Grade 12 students David Shepherd, Travis Price and a few friends saw that a grade 9 student was being bullied for wearing a pink shirt on the first day of school. They knew they had to do something to show that this kind of behaviour was not okay. They decided to go out and buy a bunch of pink shirts and hand them out to other students to wear. By the end of that week, most of the students in the school were wearing pink shirts to show support for the grade 9 student who was bullied.

https://www.cbc.ca/kidscbc2/the-feed/what-is-pink-shirt-day

Pink Shirt day is a day to acknowledge the presence of bullying in our schools, workplaces, communities, and on social media platforms. Bullying can be verbal, physical or social and the long term-effects can be profound. B oth those who are bullied and those who bully are changed by the experience. It's not enough just to stand up to the bullies (which we must do), we must also offer support and education to the bullies and teach them better ways to deal with their own hurts and fears. Wherever you are off to on February 26th, remember to wear your best pink!

Grandparents Raising Grandchildren Support Line (Province wide)

Problem solving, legal and resource information for grandparents and other relatives raising a family member's child

Monday, Tuesday, Thursday, and Friday, 10:00 a.m., to 2 n.m.

Monday, Tuesday, Thursday and Friday 10:00 a.m. to 2 p.m. Toll free in BC 1-855-474-9777 Or email grgline@parentsupportbc.ca

Other useful links:

Family Law in BC http://www.familylaw.lss.bc.ca/

Vancouver Island Crisis Line 1-888-494-3888 http://www.vicrisis.ca/

BC211 http://www.bc211.ca/

Provides information and referral regarding community, government and social services in BC. Our help line services include 211, the Alcohol and Drug Information and Referral Service (ADIRS), the Gambling Support Line BC, the Shelter and Street Help Line, VictimLink BC, and the Youth Against Violence Line.

<u>TEXT 211</u> you can text the name of your city from your cell phone on Vancouver Island/Gulf Islands and in the Metro Vancouver, Fraser Valley, Squamish-Lillooet, and Sunshine Coast regional districts to chat with an Information & Referral Specialist. This service is free, confidential, and available 7 days a week between the hours of 8 AM PST and 11 PM PST.

If you are in the **Capital Region** and wish to be removed from our email list, please unsubscribe by emailing victoria@parentsupportbc.ca

If you are in the **Central & Northern Vancouver Island Region** and wish to be removed from our email list, please unsubscribe by emailing <u>parent@telus.net</u>

For information and other resources please visit www.parentsupportbc.ca

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https://www.facebook.com/ParentSupportBC

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