

Grand Connection



Welcome to the Grand Connection! The Parent Support Services Society of BC (PSS) on Vancouver Island has created this publication to bring you the news about our programs for Grandparents Raising Grandchildren (GRG'S) and other kinship care providers on the island!

Grandparents Raising Grandchildren (GRG) Support Circles

Raising children the second time around can feel overwhelming at times. Sometimes it helps to know that you are not alone. Grandparents Raising Grandchildren (GRG) Support Circles are free, confidential groups that provide an opportunity to meet other grandparents raising grandchildren or other relatives who are raising relatives' children to share information, stories and find out about resources.

Grandparents Raising Grandchildren Support Circle groups (Vancouver Island)

Victoria – View Royal - day time group! Eagle Creek Village, Quality Foods Store, 27 Helmcken Rd., Victoria

community meeting rm, upstairs

Thurs, Mar 26th 10 a.m. to 11:30 a.m. Thurs, Apr 23rd 10 a.m. to 11:30 a.m.

Victoria, (Esquimalt – evening group) at <u>Esquimalt Rec Centre, 527 Fraser St., Victoria - Viewfield Room.</u> *Meeting dates to be announced!*

Duncan – Evening group Sands Reception Centre, 187 Trunk Rd.

Thu., Mar 12th 6:30 p.m. to 8:30 p.m. Thu., Apr 9th 6:30 p.m. to 8:30 p.m

Nanaimo - Evening group Child care space is available with registration call or email for further details!

Wed., Mar 11th 6:30 p.m. to 8:00 p.m. – Child Development Centre, 1135 Nelson St., Nanaimo Wed., Apr 8th 6:30 p.m. to 8:00 p.m. – Child Development Centre, 1135 Nelson St., Nanaimo

Nanaimo - Daytime group Nanaimo Aquatic Centre, 741 Third St. Nanaimo - Jack Little A room

Tues., Mar 3rd 10:00 a.m. to 11:30 a.m. –
Tues., Apr 14th 10:00 a.m. to 11:30 a.m.

Parksville/Qualicum Beach Daytime group Family Place, 494 Bay Ave., Parksville - Rm 121

Fri., Mar 13th 11:30 a.m. to 1:30 p.m. Fri., Apr 3rd 11:30 a.m. to 1:30 p.m.

Grandparents Raising Grandchildren BC on Facebook



The GRG BC Facebook group provides a larger opportunity for connection, sharing of resources and information. Grandparents raising grandchildren and other kinship care providers in BC can join through the following link: https://www.facebook.com/groups/145017612556075/

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Grandparents Raising Grandchildren Support Line (Province wide)

Problem solving, legal and resource information for grandparents and other relatives raising a family member's child

Monday, Tuesday, Thursday and Friday 10:00 a.m. to 2 p.m.

Toll free in BC 1-855-474-9777 Or email grgline@parentsupportbc.ca

Rainbows provides support to families going through a major loss or

change in their family. This program provides much needed support to children and teens as they grieve and deal with changes in their family life. Trained volunteers and school staff facilitate small groups. They work through 12 topics together and kids learn that they are not alone and are not to blame for their families' change. Kids feel listened and cared for as they learn about feelings and coping skills. The kids love the activities, journals games, snacks and the fact that their community cares!

Sunbeams Pre-school 3 – 5 years old Kindergarten – Grade 8 **Spectrum** Adolescents Grade 9-12

Rainbows Programs on Vancouver Island are coordinated through the Nanaimo office. Registration for the next available community based programs can be done on-line. Or you are welcome to contact:

Isabel VanGrootheest Registered Director for Rainbows Vancouver Island Coordinator Community sites 250-751-7888

www.rainbowsnanaimo.ca

Other useful links:

Family Law in BC http://www.familylaw.lss.bc.ca/

Vancouver Island Crisis Line 1-888-494-3888 http://www.vicrisis.ca/

BC211 http://www.bc211.ca/

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If you are in the **Central & Northern Vancouver Island Region** and wish to be removed from our email list, please unsubscribe by emailing parent@telus.net

For information and other resources please visit www.parentsupportbc.ca

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