# Volunteer Facilitators Needed

for

## Parent Support Circle Training



## Train to be a Group Leader ...

Do you have skills, experience, and compassion you can share with caregivers in your community?

**Parent Support Circles** are weekly groups for any parents, grandparents, foster parents and caregivers who are experiencing stress or isolation in their parenting; would benefit from being part of a community of parents; and want to find healthy ways to relate to their children.

### **PSS Provides Training in:**

Group Facilitation skills
Listening and Communication
Group process and dynamics
Parenting issues
Child abuse awareness &prevention
Cultural Issues in Parenting
Self-care
And other topics...

#### What volunteers say about PSS Facilitator Training:

"The most useful training I've ever had."

"I liked the level of respect shown to all members of the training group."

"Awesome, inspiring, insightful, succinct ..."

"I love how much heart was brought to this training."

"The atmosphere was always comfortable and safe."

#### NEXT TRAINING: March 25th and 26th 2019



For information Call 250-962-0600 Email <u>parentnorth@shaw.ca</u> United Way Board Room 1600 3<sup>rd</sup> ave



