

## Adult Non-Fiction

### *Chicken Soup for the Grandma's Soul:*



*Stories to Celebrate and Honor the Ageless Love of Grandmothers*

(ANF 306.8745)

This book celebrates the memories we make and the times we cherish

with grandmothers: the women who can both spoil and be stern; who provide unconditional love and invaluable wisdom; who can share sage advice while sharing an ice cream.

### *The Enabler: When Helping Hurts the Ones You Love* (2008) Angelyn Miller

Co-dependency, of which enabling is a major element, can and does exist in families where there is no chemical dependency. Miller recounts how she learned to alter the way she responded to family crises and general neediness, forever breaking the cycle of co-dependency.

### *Eye of My Heart*

*27 Writers Reveal the Hidden Pleasures and Perils of Being A Grandmother*

(ANF 306.8745 EYE) (2009)

Women novelists, essayists, and journalists share unsentimental perspectives on the experiences of today's grandmothers.

### *Grandparents as Parents: A Survival Guide for Raising a Second Family* (2013) Sylvie de Toledo & Deborah Edler Brown

When grandparents suddenly become the sole caregivers for their grandchildren, they find their lives changed, their finances challenged, and their parenting techniques out of date. This book offers compassion, encouragement, and advice

to grandparents and the professionals who work with them.

### *Grandparents: Enjoying and Caring for your Grandchildren* (2011)

Miriam Stoppard (ANF 306.8745 STO)

This is the definitive guide for new grandparents covering 0-3 years - what's changed, what's new and how you can help.

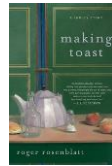
### *So, you're Raising Your Grandkids!*

Harriet Hodgson (2018)

(ANF 306.8745 HOD)

This book offers tested tips, research and real life stories to make your life easier as a grandparent raising grandchildren.

### *Making Toast: A Family Story*



Roger Rosenblatt (2010)

(306.874509 ROS)

When his daughter, Amy, a gifted doctor, mother, and wife, collapsed and died from an asymptomatic heart condition, Roger Rosenblatt and his

wife, Ginny, left their home on the South Shore of Long Island to move in with their son-in-law, Harris, and their three young grandchildren.

### *Raising Your Children's Children: Help for Grandparents Raising Grandkids*

Martha Evans Sparks (2011)

(ANF 248.845 SPA)

Sometimes, people mess up. They get addicted to drugs or alcohol, abandon their child, or just leave. This book is for those who want to step in and help, specifically the grandparents of those abandoned.

### *The Sacred Work of Grandparents Raising Grandchildren*

Elaine K. Williams (2011)

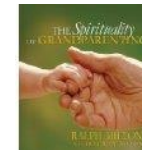
(ANF 649.1 WIL)

*The Sacred Work of Grandparents Raising Their Grandchildren* is the first book that contains answers and stories to address these unique issues and challenges-from one grandparent to another.

### *Setting Boundaries with Your Adult Children: Six Steps to Hope and Healing For Struggling Parents* (2008) Allison Bottke

This important and compassionate new book from the creator of the successful God Allows U-Turns series will help parents and grandparents of the many adult children who continue to make life painful for their loved ones.

### *The Spirituality of Grandparenting*



Ralph Milton (2007)

(ANF 248.845 MIL)

More than a celebration of grandchildren, this book is a celebration of grandparenting,

and of the very real gifts it offers to both the grandchild and to the grandparent.

### *The Grandfamily Guidebook: Wisdom and Support for Grandparents Raising Grandchildren* (2018) Andrew Adesman (ANF 306.8745 ADE)

This book gives social, emotional, relational, legal and financial advice for grandparents raising grandchildren.

### *Raising grandkids: Inside Skipped-Generation Families* (2018) Gary Garrison (ANF 306.8745 GAR)

This unique book supports grandparents who are struggling with raising grandchildren.

# GRANDPARENTS as PARENTS

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