



Parent Support Circles

Sometimes you just need a little space to talk with other parents.....

**Parent Support Services hosts a meeting for parents in the West Shore!
2nd and 4th Tuesday evenings
From 6:30—8:00 pm**

Parent Support Services offers self-help support circles for those in a parenting role. These circle groups are led by two trained volunteer facilitators. They are a safe, supportive place for parents and those in a parenting role to share ideas and information with others who are parenting.

**Our Circles are free and confidential.
Child minding and refreshments provided.**

**For more information & to register, call 250-384-8042
Or visit us online at www.parentsupportbc.ca**

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United Way
Greater Victoria



Parent Support Services
Society of BC

