



Grand Connection



Welcome to the Grand Connection! The Parent Support Services Society of BC (PSS) on Vancouver Island has created this publication to bring you the news about our programs for Grandparents Raising Grandchildren (GRG'S) and other kinship care providers on the island!

Grandparents Raising Grandchildren (GRG) Support Circles

Raising children the second time around can feel overwhelming at times. Sometimes it helps to know that you are not alone. Grandparents Raising Grandchildren (GRG) Support Circles are free, confidential groups that provide an opportunity to meet other grandparents raising grandchildren or other relatives who are raising relatives' children to share information, stories and find out about resources.

Grandparents Raising Grandchildren Support Circle groups (Vancouver Island)

Meeting schedule for April & May 2019

Victoria – View Royal - day time group! Eagle Creek Village, Quality Foods Store, 27 Helmcken Rd., Victoria

community meeting rm, upstairs
Fri., Apr 12th 10 a.m. to 11:30 a.m.
Fri., May 10th 10 a.m. to 11:30 a.m.

Victoria, (Esquimalt – evening group) at Esquimalt Rec Centre, 527 Fraser St., Victoria - Viewfield Room.

Mon., Apr 1st 6:30-8:30 pm
Mon., Apr 15th 6:30-8:30 pm
Mon., Apr 29th 6:30-8:30 pm
Mon., May 13th 6:30-8:30 pm
Mon., May 27th 6:30-8:30 pm

Duncan – Evening group Sands Reception Centre, 187 Trunk Rd. [\(please note the location change!\)](#)

Thu., Apr 11th 6:30 p.m. to 8:30 p.m.
Thu., May 9th 6:30 p.m. to 8:30 p.m.

Nanaimo - Evening group [Child care space is available with registration call or email for further details!](#)

Wed., Apr 10th 6:30 p.m. to 8:00 p.m. – Child Development Centre, 1135 Nelson St., Nanaimo
Wed., May 8th 6:30 p.m. to 8:00 p.m. – Child Development Centre, 1135 Nelson St., Nanaimo

Nanaimo - Daytime group Nanaimo Aquatic Centre, 741 Third St. Nanaimo - Jack Little A room

Tues., Apr 16th 10:00 a.m. to 12:00 – Join us for a discussion about “Trauma & the Brain”
Tues., May 14th 10:00 a.m. to 12:00 – TBA

Parksville/Qualicum Beach Daytime group Family Place, 494 Bay Ave., Parksville - Rm 121

Fri., Apr 12th 11:30 a.m. to 1:30 p.m.
Fri., May 10th 11:30 a.m. to 1:30 p.m.

Courtenay Evening group (Comox Valley Aboriginal GRG Grandparent Support Circle)

Thu., Apr 25th 7 p.m. to 8:30 p.m. Aboriginal Headstart Preschool 956 Grieve Ave., Courtenay - (park in the back alley of AHS preschool)
Thu., May 23rd 7 p.m. to 8:30 p.m. Aboriginal Headstart Preschool 956 Grieve Ave., Courtenay - (park in the back alley of AHS preschool)

Grandparents Raising Grandchildren BC on Facebook



The GRG BC Facebook group provides a larger opportunity for connection, sharing of resources and information. Grandparents raising grandchildren and other kinship care providers in BC can join through the following link:
<https://www.facebook.com/groups/145017612556075/>

April Workshops in Victoria from Family Smart that may be of interest;

(1) Social Media & Video Gaming: How it affects our Kids - Tuesday April 16th

Join us for an informative presentation on social media trends and video gaming concerns. Shannon Husk from BC Gaming will cover:

1. Values and beliefs about technology
2. What do we enjoy about technology?
3. What are we doing now to create balance?
4. What is problematic?
5. Consequences & Opportunities
6. Ideas, tips and strategies for home

Time & Date: Tuesday, April 16th - 6:30 pm - 8:30 pm **Location:** Military Family Resource Centre

RSVP: <https://bit.ly/2CEO016>

(2) Worries and Woes: Identifying and Preventing Anxiety in Children - Thursday April 18th - Video

This Video Presentation will help to:

- Increase awareness of the anxiety disorder spectrum,
- Identify basic behavioral indicators of anxiety in children,
- Develop a preliminary understanding of the current research,
- Understand the efficacy of psychological treatment and be aware of techniques that are useful to implement immediately with an anxious child
- Presenter: Dr Lynn Miller

Date & Time: Thursday, April 18th 7:00 pm - 9:00 pm **Location:** Saanich neighbourhood Place

RSVP: <https://bit.ly/2YIN62T>

Grandparents Raising Grandchildren Support Line (Province wide)

Problem solving, legal and resource information for grandparents and other relatives raising a family member's child

Monday, Tuesday, Thursday and Friday 10:00 a.m. to 2 p.m.

Toll free in BC 1-855-474-9777 Or email grgline@parentsupportbc.ca

If you are in the **Capital Region** and wish to be removed from our email list, please unsubscribe by emailing victoria@parentsupportbc.ca

If you are in the **Central & Northern Vancouver Island Region** and wish to be removed from our email list, please unsubscribe by emailing parent@telus.net

For information and other resources please visit www.parentsupportbc.ca



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Parent Support
Services Society of BC

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