# INDIGENOUS CIRCLES

# LOWER MAINLAND IS CURRENTLY SEEKING

Volunteer Facilitators

for the new

## "INDIGENOUS PARENT SUPPORT CIRCLES"

In the Lower Mainland

EAST VANCOUVER

BURNABY/NEW WESTMINSTER

SURREY

Our Parenting Support Circles are for Parents, Grandparents, and other Caregivers in different communities throughout BC. Our Circles are based on a self-help, peer support model which provides a safe space for Circle members to get together and discuss their strengths, challenges or concerns about their parenting role; builds a supportive network & skills; receives emotional support; develops self-advocacy skills; empowers and boots self-esteem; and helps create a healthier living environment for all families.

### ARE YOU SOMEONE WHO HAS:

- Good listening skills
- An interest in supporting parent/ caregiver and child relationships
- Basic understanding of child development & parenting issues
- Wiling to do some community outreach & development activities

#### BENEFITS OF THIS TRAINING:

- Initial facilitator training provided along with continuing education opportunities
- Develop skills for career and personal growth
- Support families in your community
- Letter of reference upon request (minimum of 1 year commitment)

We ask our volunteers to commit to commit 3-5 hrs a week for a minimum of 1 year. This allows our facilitators to develop relationships with the support circle participants within the context of the circle.

Next Training Dates in Burnaby: To be announced, In Januarary 2020

For more information or to apply, Please contact:

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Indigenous Circles, Lower Mainland
604-669-1616 ext. 104 or danella.angus@parentsupportbc.ca
www.parentsupportbc.ca

We would like to acknowledge that the land on which we gather is the traditional territory of the Coast Salish Peoples, specifically the shared traditional territories of the Squamish, Musqueam, Kwantlen, Semiahmoo, Tsawwassen, Katzie, Kwantlen, Kwikwetlem, Qayqayt, and numerous Stó: lō Nations First Nations.











