



JOIN OUR COMMUNITY KITCHENS!

RICHMOND, COMMUNITY KITCHEN SCHEDULE JAN – JUNE 2020

Why join a Community Kitchen?

- Try new recipes
- Learn to cook low cost, nutritious meals
- Save money and learn food budgeting
- Gain nutritional tips
- Meet new people
- Practice your English

WEDNESDAY MORNINGS (CARING PLACE)

📍 Caring Place RM 340, 7000 Minoru Blvd, Richmond
 📅 Wednesdays 10:00 am – 12:30 pm. Jan 8, 22, Feb 12, 26, Mar 11, Apr 15, 29, May 13, 27 & June 10, 24

FRIDAY MORNINGS (GILMORE PARK)

📍 Gilmore Park Church, 8060 No.1 Road, Richmond
 📅 Fridays 10:00 am – 12:30 pm. Jan 10, 24, Feb 14, 28, Mar 13, 27, Apr 10, 24, May 8, 22 & June 12, 26

WEDNESDAY MORNINGS (SOUTH ARM)

📍 South Arm Community Centre, 8880 Williams Rd, Richmond
 📅 Wednesdays 10:00 am – 12:30 pm. Jan 15, 29, Feb 5, 19, Mar 4, 18, Apr 8, 22, May 6, 20 & Jun 3, 17
 *Child Care available

SENIORS KICHEN (MONDAYS - STEVESTON)

📍 Steveston Community Centre, 4111 Moncton St, Richmond
 📅 Mondays 10:00 am – 12:30 pm. Jan 13, 27, Feb 10, 24 Mar 9, 23, Apr 6, 20, May 11, 25 & Jun 8, 22

For registration, contact Minoo Javadi: 778 885 5165 or mjavadi@fsgv.ca



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