



PARENT SUPPORT SERVICES OF BC

Creating a world where children and families are nurtured, valued and safe.

PROVINCIAL SERVICES AVAILABLE DURING COVID-19

Grandparent Raising Grandchildren Support line

Help for Grandparents and relatives raising a family member's child (Kinship Care Providers)

Providing Advocacy & Emotional Support.

Mon, Tues, Thurs, Fri
10:00am -2:00pm

Toll-free across BC
1-855-474-9777 or **1-855-GRG-9PSS**
grgline@parentsupportbc.ca

Parenting Support Line

Are you juggling home, work, at home education and possibly childcare? Are the new changes stressful and taking a toll on your emotional and mental health? Do you need space to talk it out?

Give us a call

Monday to Friday
10:00am -4:00pm

Toll-free across BC
1-877-345-9777 or **1-877-345-9PSS**
ext. 100

WEEKLY ONLINE PROVINCIAL SUPPORT CIRCLES

Our Support Circles are here to provide a safe and confidential space for Parents and GRG/Kinship Caregivers to share the challenges, concerns, questions and offer the support you need during COVID-19

Grandparents Raising Grandchildren

Indigenous Monday 6pm	Monday 10am	Tuesday 6pm	Wednesday 6:30pm	Thursday 1pm	Thursday 6pm
---------------------------------	-----------------------	-----------------------	----------------------------	------------------------	------------------------

Bi-weekly

Parents

Indigenous Tuesday 6pm	Monday 9pm	Tuesday 1pm	Wednesday 1pm	Thursday 6pm
----------------------------------	----------------------	-----------------------	-------------------------	------------------------

Wanting to Join an Online Support Circle via Zoom
Please Call 1-877-345-9777 ext. 100

Check out our website for Parenting during COVID-19
<https://www.parentsupportbc.ca/parenting-support-during-covid-19/>

