



PARENT SUPPORT SERVICES OF BC

Creating a world where children and families are nurtured,
valued and safe

PROVINCIAL SERVICES AVAILABLE DURING COVID-19

Grandparents Raising Grandchildren Support Line

Help for Grandparents and relatives raising a family member's child (kinship Caregiver)

Providing Advocacy & Emotional Support

Mon, Tues, Thurs & Fri.

10:00am - 2:00pm

Toll-free across BC

1-855-474-9777 or **1-855-GRG-9PSS**

grgline@parentsupportbc.ca

Parenting Support Line

Are you juggling home, work, at home education and possibly childcare? Are the new changes stressful and taking a toll on your emotional and mental health? Do you need space to talk it out?

Give us a call

Monday - Friday

10:00am - 4:00pm

Toll-free across BC

1-877-345-9777 or **1-855-345-9PSS**

ext. 100

WEEKLY ONLINE PROVINCIAL SUPPORT CIRCLES

Our Support Circles are here to provide a safe and confidential space for Parents and GRG/Kinship Caregivers, to share the challenges, concerns, questions and offer the support you need during COVID-19

GRG/Kinship Caregivers Circles

Monday	Tuesday	Thursday
10am	7:30pm	1:00pm

Parent Circles

Monday	Wednesday	Thursday	Fathering Circle Wednesday	Single Parents Friday
9pm	1pm	6:30pm	8:30 pm	8:30 pm

GRG Facebook Group

Search: Grandparents Raising Grandchildren - BC

Indigenous Circles

Wednesday Bi-weekly 6pm
Tuesdays on Facebook 7:30 pm

Want to join an Online Support Circle via Zoom
Call 1-877-345-9777 ext. 100 OR Register at bit.ly/provcircleform

Check out our website for Parenting during COVID-19
<https://www.parentsupportbc.ca/parenting-support-during-covid19/>

PSS RECOGNIZES and RESPECTS all the INDIGENOUS NATIONS, TRADITIONAL LANDS & TERRITORIES that we GATHER, LIVE, WORK & PLAY ON across BC.



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