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NEWS & UPDATES
UPCOMING EVENTS



GRANDPARENTS DAY PICNIC

FUNDRAISING EVENT

Sept 10, 2023 | Slocan Park, 2750 E 29th Ave | 11:00AM - 2:00PM
Vancouver, BC



Join us for a delightful afternoon at the Grandparents Day Picnic Fundraiser! This in-person event will take place on

Sunday, September 10, 2023 at 11:00 AM at Slocan Park, 2750 East 29th Avenue, Vancouver, BC (Located at 29th Avenue Skytrain Station)

☆☆ Pay-at-the-door option also available. ** Don't let this ticket price be a barrier to you attending. Please donate what you can!

Let's celebrate Grandparents and highlight those raising their grandchildren across the Province! Bring your blankets, lawn chairs, and appetites for a day of delicious free food, music, door prizes, and heartwarming memories.

By participating in this event, you'll be contributing to a worthy cause. All proceeds from the Grandparents Day Picnic Fundraiser will go towards supporting our programs and services that focus on providing Grandparents and other Kinship Caregivers who are raising children with emotional, educational and advocacy support.

GRAB YOUR TICKETS HERE!



GET TICKETS

<https://bit.ly/grandparentsdaytickets>





PSS SERVICES

SPOTLIGHT SUPPORT GROUPS

Shining a spotlight on our Parenting Support Groups currently seeking new members!
Join to be part of a supportive community!



PARENTING ADHD SUPPORT GROUP

Date: Sundays (Weekly)
Time: 10:00 AM
Location: Online via Zoom

[JOIN NOW](#)



KINSHIP CARE PARENTING SUPPORT GROUP

Date: Tuesdays (Bi-Weekly)
Time: 7:30 PM
Location: Online via Zoom

[JOIN NOW](#)



GENERAL PARENTING SUPPORT GROUP

Date: Thursday (Weekly)
Time: 7:00 PM
Location: Online via Zoom

[JOIN NOW](#)



CANTONESE PARENTING SUPPORT GROUP

Date: Sunday (Weekly)
Time: 7:00 PM
Location: Online via Zoom

[JOIN NOW](#)

HADIH HOUSE FAMILY UNITY PARENT SUPPORT GROUP

250-563-7976 (must call to register)
hadihhouse@carneyhill.ca
carneyhill.ca

Date: Every third Tuesday of the month
Time: 2:00 PM - 4:00 PM
Where: In-person 2105 Pine St., Prince George, BC

HADIH HOUSE WOMEN'S WELLNESS PARENT SUPPORT GROUP

250-563-7976 (must call to register)
hadihhouse@carneyhill.ca
carneyhill.ca

Date: Bi-Weekly on Thursdays
Time: 12:30 PM - 2:00 PM
Where: In-person 2105 Pine St., Prince George, BC



PARENTING SUPPORT GROUPS

Parenting Support Groups are FREE, confidential and anonymous groups that support parents and caregivers throughout their parenting journey. Parenting Support Groups can take place either online or in-person. Utilizing the peer support and self-help model with trained volunteers as co-facilitators, they provide the space to share the challenges, concerns, questions, skills, and information, that come with parenting.

Online Via ZOOM Group = 

In-Person Group = 

Groups on summer break = 

SCAN OR CLICK TO JOIN A GROUP!



bit.ly/psreferralform

MONDAY

10:00 AM KINSHIP CARE GROUP 

7:00 PM SPANISH GROUP 


8:00 PM KOREAN GROUP 

9:00 PM GENERAL PARENTING 

TUESDAY

7:30 PM KINSHIP CARE GROUP 

WEDNESDAY

7:00 PM PARENTING CHILDREN W/ ADHD 

7:30 PM GENERAL PARENTING 

7:30 PM FATHERING GROUP 

THURSDAY

10:00 AM GENERAL PARENTING 

10:00 AM KINSHIP CARE GROUP 

7:00 PM GENERAL PARENTING 

8:00 PM PARENTING TEENS (13+) 

FRIDAY

10:00 AM MANDARIN GROUP 

12:00 PM NEW WEST SPANISH GROUP 

7:00 PM CANTONESE GROUP 


8:30 PM SINGLE PARENTS GROUP 

SATURDAY

1:00 PM FILIPINO GROUP 

7:30 PM MANDARIN GROUP 

SUNDAY

10:00 AM PARENTING CHILDREN W/ ADHD 

7:30 PM PARENTING ANXIETY/DEPRESSION (13+) 

Don't see a Group that meets your needs? Contact our Education & Support Program Manager, Bella Cenezero

Call: 604-669-1616 ext. 105
Email: bella_cenezero@parentsupportbc.ca





Parent Support Services
Society of BC

KINSHIP CARE UPDATES

SIGN UP >

Sign up to learn about and stay updated on advocacy efforts and relevant developments within government, as well as community



Are you a **Kinship** Caregiver?

Raising a relative's child can be a joy and can also bring new challenges.

To find answers, assistance, and resources, call the Kinship Care Help Line for support.

www.parentsupportbc.ca/support-line

The Kinship Care Help Line provides navigational support & advocacy
604-558-4740 (Greater Vancouver) 1-855-474-9777 (Toll Free)



Parenting Workshop

Join us in our FREE virtual workshop, where we will explore how best to support our children through day-to-day transitions and bigger changes. Whether it's leaving the playground or adjusting to new family dynamics, all change is big for our children.

Navigating Tricky Transitions

Suitable for parents and caregivers with school aged children 0-12 years old

Monday, August 21st 10 am - 11:30 am

In this workshop we will cover

- The importance of structure
- Telling the story of the day
- Using play to process change
- Strategies for support

Registration:

Scan or Click
to Register



FREE

Online workshop

Registration required to participate in this **FREE** workshop!

<https://bit.ly/pssparentingworkshop>

**Online
Workshop**



In partnership with:



information
children

GOT QUESTIONS?

REACH US AT:

1-877-345-9777 (Toll-Free)
office@parentsupportbc.ca
parentsupportbc.ca



AUGUST 2023

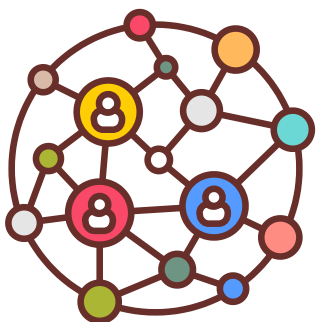
PSS of BC recognizes and respects all the Indigenous Nations, Traditional Lands and Territories upon which we Gather, Live, Work and Play

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NEWS & UPDATES

WHAT'S NEW AT PSS?



PSS HAS JOINED BURNABY BOARD OF TRADE

Recently, PSS has become part of the Burnaby Board of Trade. With their support, we are able to further connect with our community and gain healthy business relationships.

With BBOT's mission to have a thriving business community, they share their resources, connections, and advocate on the work that PSS continues to do.



**Parent Support Services
Society of BC**

SAYING GOODBYE TO OUR SUMMER STUDENT AND PRACTICUM STUDENT

During the last week of July, we said goodbye to our Summer Student, Daya Charchun and our Practicum Student, Harprit Sandhu.

It was a great pleasure working with them this summer. They have made such a huge impact at PSS and we wish them the best of luck in their future endeavours.

CHECK OUT OUR:

[WEBSITE](#)

SUPPORT US AND:

[DONATE](#)

CHECK OUT OUR:

[EVENTS](#)

JOIN OUR TEAM:

[VOLUNTEER](#)





NEWS & UPDATES

WHAT'S NEW IN THE COMMUNITY?



YMCA-YWCA Y MIND GROUPS

The YMCA-YWCA Y Mind Groups are a free, weekly psychoeducational support group for teens 13-18 and young adults 18-30 experiencing stress, worries and anxiety. Participants learn healthy coping skills through mindfulness and the ACT (Acceptance and Commitment Therapy) process to manage their anxiety, connect with other young people and receive support all in a safe and supportive community environment.

[Sign up here...](#)



HEALTHY SCHOOLS | ISLAND HEALTH

From age 5 years to the start of adolescence, your child's development slows and the school years follow a steady path of growing and learning. In this section, you will find information about health, safety, development and learning for children during this stage.

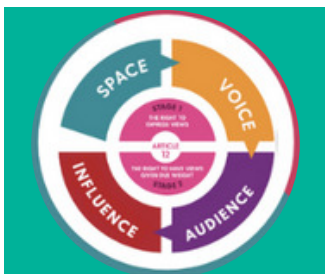
[Learn more here...](#)



LOOKING FOR A FAMILY DOCTOR?

The Fraser Northwest Division of Family Practice has created a central waitlist for patients in the areas of Coquitlam, Port Coquitlam, Port Moody, Anmore, Belcarra, and New Westminster. Sign up to get on the list for a family doctor or nurse practitioner:

[Learn more here...](#)



CHILD & YOUTH FAMILY JUSTICE CONFERENCE

Co-hosted by Access to Justice BC, the Representative for Children & Youth, Youth Voices (Family Justice Innovation Lab) and the Society for Children and Youth BC, this free conference focuses on the participation of children and youth in family justice decision-making.

This is a hybrid conference with in-person participation in Vancouver or online via Zoom.

When: Saturday, September 23rd, 2023

Doors open around 8:30am, conference runs from 9:00am to 4:00pm Pacific.

Location: In-person in Vancouver BC TBA and virtually via Zoom.

[Learn more here...](#)

QUESTIONS? REACH US HERE:

parentsupportbc.ca

1-877-345-9777 (Toll-Free)

office@parentsupportbc.ca

PROVINCIAL NEWSLETTER

You never have to worry about missing a thing when you sign up for our monthly provincial newsletter!

SIGN UP



FOLLOW US FOR UPDATES:





AUGUST COMMUNITY EVENTS COMMUNITY EVENTS FOR FAMILIES



Vancouver Vancouver Mural Festival's Mount Pleasant Street party

- August 11-12 @ 2:00 pm - 10:00 pm
- 2111 Main St. + 5th Ave & 6th Ave
- Free Family Friendly
- Music, vendor markets, activities for kids



Squamish Squamish Days Loggers Sports Festival

- August 5th @ 12:00 pm - 5:00 pm
- Al McIntosh Loggers Sports Grounds 39555 Loggers Sports Ln, Squamish
- General Admission = \$8, Kids 5+ under = free
- Logger Sports show and competition



Abbotsford Abbotsford International Airshow

- August 12 & August 13 @ 9:00 am - 5:00 pm
- 30660 Rotor Dr.
- Adults: \$39.99, Youth: \$19.99
- Military and civilian aerial performers and aircraft displays



Victoria Family Fun Concert Series

- August 2nd @ 11:00 am
- Cameron Bandshell Beacon Hill Park, 100 Cook Street, Victoria
- Adults: \$39.99, Youth: \$19.99
- Military and civilian aerial performers and aircraft displays



Kelowna Storytime @ the Park

- Every Tuesday until August 29 @ 10:30 am - 11:15 am
- Mission Creek Regional Park 2636 Springfield Rd, Kelowna BC V1X 7N7
- Free Family Friendly
- Intended for children between ages 3 to 5 year olds



Burnaby Summer Season at Burnaby Village Museum

- Tuesday to Sunday @ 11:00 am - 4:30 pm
- Burnaby Village Museum 6501 Deer Lake Ave, Burnaby BC V5G 36T
- FREE Admission, Carousel rides: \$2.65
- Explore historical exhibits and live demonstration of coffee beans ground by hand





VOLUNTEERING AT PSS VOLUNTEER OPPORTUNITIES + UPDATES

Volunteers Needed for Grandparents Day

On September 10th, 2023, PSS is hosting our annual event dedicated to Grandparents and celebrating the vital role they play in taking care of families. Organizing this event would not be possible without the support from our community. We are looking for enthusiastic, energetic and friendly volunteers to join us at Slokan Park.

Positions Available:

- Welcoming Crew
- Food Attendant
- Balloon Artists
- Face painters
- Performers
- And more

[CLICK HERE TO LEARN MORE](#)

PSS Parent Support Services Society of BC

VOLUNTEERS NEEDED

Got some time to give to a worthy cause? Join us as a volunteer at the Grandparents Day Picnic Fundraiser on **Sept. 10th, 2023 from 9am - 3pm**

Apply Now

bit.ly/picnicvolunteers
volunteer@parentsupportbc.ca

WANT TO MAKE A DIFFERENCE?

Become a Volunteer Facilitator today!

We're looking for candidates from diverse backgrounds and varying perspectives who:

- Have good listening and communication skills
- Have a basic understanding of child development
- Want to support parents and other caregivers

If this sounds like you, click to apply today!

[APPLY NOW](#)

Are you already in the training process of becoming a Volunteer Facilitator?

Remember that the upcoming Live Zoom Sessions are happening this month on the following dates:

AUG 24, 2023 @ 7:00 PM – 9:00 PM
AUG 26, 2023 @ 9:30 AM – 11:30 AM
AUG 31, 2023 @ 7:00 PM – 9:00 PM



SUPPORT OUR MISSION & GIVE BACK

MAKE A DIFFERENCE

Donate today and help ensure that our services continue to support the well-being of all families and children in BC.

DONATE



SCAN ME



bit.ly/donatepss

For more information visit parentsupportbc.ca



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GET INVOLVED! VOLUNTEER WITH PSS!

LEARN MORE!
[PSS VOLUNTEERING](#)



BOARD MEMBER AT LARGE

We are seeking candidates from diverse backgrounds who would like to volunteer their time to support children and families across BC!

Members at Large are Volunteer Board Members who commit to providing leadership support in order to meet the desired outcomes of our strategic plan and move toward our vision. Candidates must be available for a 3-year term, at minimum, and be able to participate in regular virtual board meetings, as well as one Committee and Annual General Meeting.

To apply fill out the [Board of Directors Application](#)



SUPPORT GROUP FACILITATOR

Become a Volunteer Group Facilitator and work with our Support Groups to connect with and support caregivers in building healthier families!

Facilitators provide safe spaces for caregivers to get together and discuss their strengths, challenges or concerns about their parenting role; build a supportive network and skills; receive emotional support; develop self-advocacy skills; and boost self-esteem. Volunteers receive **Free Initial Facilitator Training**, which takes place virtually using a combination of self-paced learning models and Live Sessions.

To apply fill out the [Volunteer Facilitator Application](#)



STEERING COMMITTEE MEMBER

Would you like to connect and positively impact others? Are you a part of the following communities in the Lower Mainland: Hispanic/Spanish, Chinese or Filipino? Volunteer as a Steering Committee Member at PSS!

Volunteer Steering Committee members support our Group Programs by providing invaluable knowledge and ideas and connecting with the local communities we serve.

To apply fill out the [Volunteer Steering Committee Application](#)





CONTACT US

PROVINCIAL OFFICE



PSS Toll-Free
1-877-345-9777



Kinship Care Help Line Toll-Free
1-855-474-9777



PSS Office
604-669-1616



Kinship Care Help Line Greater Vancouver
604-558-4740



PSS Email
office@parentsupportbc.ca



Kinship Care Help Line Email
kinshipcare@parentsupportbc.ca



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