

# PARENT SUPPORT SERVICES SOCIETY OF BC ANNUAL REPORT



2020 - 2021



So much happened in the last year--wonderful, innovative, exhausting and tumultuous things--as we carried on during the COVID-19 pandemic. Despite the significant challenges, we also rose to the occasion with learning and experimentation. We pivoted, updated antiquated systems, created safety plans, ran online circles, groups, parenting and legal workshops, supported people with low technical literacy, engaged children and youth online and provided the board members with formal training.

We worked hard to maintain our funding and discovered untapped financial resources. Significant efforts were made to ensure accounting was in order and contingency plans were in place. The extraordinary circumstances of the pandemic created space for us to reimagine how we can best serve our communities in the face of so much uncertainty.





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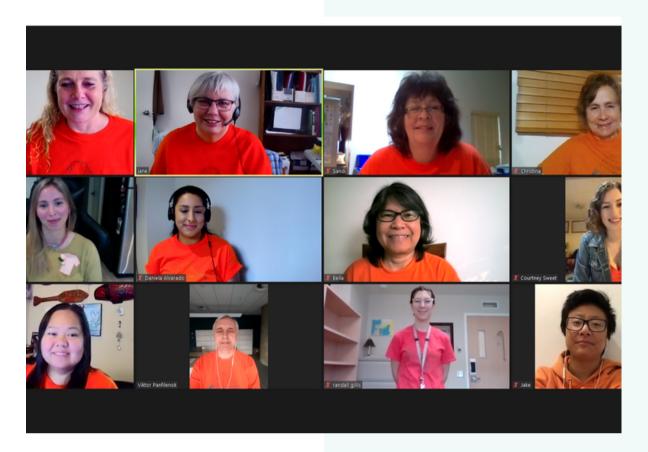
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Staff demonstrated remarkable adaptability, dealing with the urgency in the community to meet basic needs, while also coping with the impact of the pandemic on their own families and lives. This was a period of long, hard work and the PSS team rose to the occasion. From technology and communications, to training and risk management we are taking what we've learned and using it to create adaptive, innovative services that will strengthen our work now and for years to come.

## **USE OF NEW TECHNOLOGY**

At the end of March, with new technology recently in place, PSS staff who would not come into the office had access to resources they needed and were in a strong position to work remotely. Often stressful and isolating it was challenging for those who worked in the office and those who did not.

We completely re-did our database systems. Special recognition to Rebecca Vattathichirayil, Jacob Huang, Josh Rasalan, Viktor Panfilenok, and Project Manager Mel Ifada from KOJA Consulting. Special thanks to Jake who slogged for many hours reducing our contact list from over 9000 to 4000.

### CIRCLES MOVED ONLINE

The peer support circles functioned virtually. This created both opportunities and challenges. At times during the 2020-2021 fiscal year, paid staff stepped in for volunteers.

Circle staff provided more telephone support to those participant families who were unable to participate in meetings due to lack of technology or technological literacy.

## Many of our front line volunteer facilitators reported:

- being too stretched to volunteer during COVID
- having inadequate technological literacy to run circles virtually
- having inadequate technology
- having inadequate capacity at home to run confidential circles online

#### DEVELOPED NEW FACILITATOR TRAINING

Skilled staff swiftly moved to provide volunteer facilitator training online as we simultaneously completed an eleaning digital technology overhaul with consultants from SPARK and Co.

Now equipped with Thinkific, a digital platform, we will be able to reach more communities. Special thanks to Annita McPhee who oversaw the Indigenous lens portion of the work, the Circle team, other PSS staff, as well as committed volunteers who served on Advisory and Indigenous Steering committees and as Beta testers. Much gratitude again extended to Mel from KOJA consulting who skillfully project managed the initiative.



Bundle includes ere are all the courses that are included in your bundle



# INNOVATIVE CIRCLE PROGRAMMING

Congratulations to Bella Cenezero, Sandi Halvorson, Kim Brown, Daniela Alvarado-Torres, and Danella Angus on their hard work. As we struggled to maintain volunteers. The Circle Team reconfigured the Circles so that many Circles served the entire province.

Now posted on the website and shared regularly in our Kinship Facebook group, we produced a short webinar explaining our services.

Two virtual province wide trainings, *Cultural Safety Awareness* and Tools in Dealing with Conflict within the Circles, were provided.

Five 8-week virtual book clubs explored several popular parenting books.

The Galiano Nature Camp went online, strategically held on school professional development days and Spring break. The *Galiano Conservancy* provided nature related online educational/childminding activities while their caregivers attended parenting educational workshops.

We offered additional virtual sessions for children and their caregivers allowing grandparents/caregivers to join with their kids for yoga sessions, arts & crafts, more nature exploration and cooking lessons.

We organized Grand Gatherings for Indigenous, Island and Northern Region kinship care families covering Self-Care; Resilience in the Face of Adversity and Boundary Building in Relationships with Adult Children and Extended Family.



## INNOVATIVE CIRCLE PROGRAMMING

## FRIDAY MARCH 5, 2021 @ 6:30PM

A Zoom and Facebook live performance by Juno Awardee Murray Porter was a huge success and was open to Indigenous and other families across BC thanks to Danella Angus.

Vancity Foundation helped us create a Provincial Parenting Support line for families struggling during COVID. Referrals were made to online circles, educational workshops and to other community services. Circle team members responded to the calls.

Circle Staff provided 300+ Thrifty Foods gift cards and Vancity prepaid Visas to vulnerable families to purchase food and hygiene supplies, thanks to the United Ways Central & Northern Vancouver Island and the Lower Mainland.

Our Village Newsletter was beautifully revamped thanks to Kim Brown, and Grand Connections continued to land into people's inboxes thanks to Sandi Halvorson.

Additional virtual parenting workshops offered included: Self-care While Parenting in a Global Pandemic; Preparing for the Holidays during COVID-19; Raising Our Children: The Role of Discipline; Registered Education Saving Plans (RESP) and the various grants and learning bonds available to families; Anger & Stress Management.

The GRG/Kinship Facebook group grew in number of participants and with a staggering 71% increased level of engagement from the previous year.



# Grandparents Raising Support I

Community engagement across the organization continued to result in direct referrals to the support line resulting in greater impact.

At Legal Aid BC and the Law Foundation of BC's *Provincial Advocacy Training*, support line staff presented "Kinship Care and Associated Benefits" to provincewide Law Foundation Family Law Advocates.

Staff also delivered a workshop on the Extended Family Program to Designated Band Representatives served by the Fraser Valley Aboriginal Children and Family Services Society.

Job-share Advocates, Christina
Campbell and Caity Goerke
recorded 238 new callers and
supported and tracked their
concerns. Trends were noted and
5 themes emerged.

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Grandparents
Raising
Grandchildren
& Kinship Care
Support Line

#### THE SUPPORT LINE

#### **THEMES & TRENDS**

## THE EXTENDED FAMILY PROGRAM AGREEMENT AND CUSTOMARY CARE

The Extended Family Program (EFP) provides the most fulsome support available to kinship caregivers. Of 89 distinct calls, 67% were ineligible, 19% were unaware of the program, 7% had been successful and 7% had applications in process. Ineligible callers continued to grow despite recent efforts to increase access to the program through the April 2019 amendments to the Child, Family and Community Services Act (CFCSA) and resulting changes in Out of Care policies. While kinship caregivers can now request an EFP agreement themselves (as opposed to the parents needing to make the request) and while parents no longer need to be parties to an EFP agreement as long as they sign Schedule A, a corresponding increase in access to the program is not reflected in the statistics collected by the Advocates.



GRG community/PSS Support Circle (23.94%)

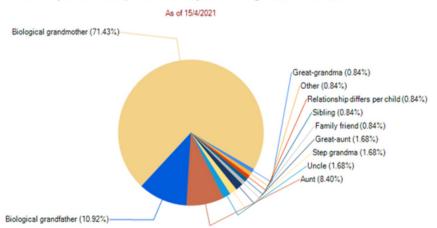
Local community services (29.58%)

Internet/PSS Website (21.13%)

MCFD (11.27%)

How did you learn about the Support Line?

#### What is your relationship to the children you are raising - 1/4/2020 to 31/3/2021

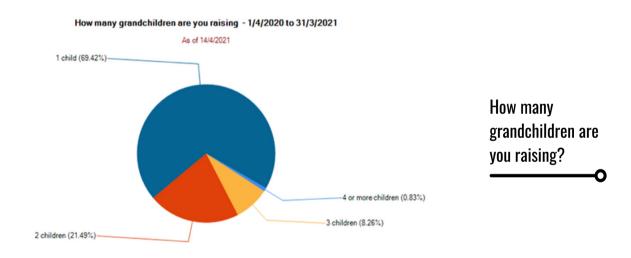


What is the relationship to the children you are raising?

## THE SUPPORT LINE THEMES & TRENDS (CONTINUED)

#### INDIGENOUS CHILD WELFARE

The Support Line Staff are often told by Indigenous families and their service providers that the legacy of residential schools, the 60s Scoop and the continuing disproportionate number of Indigenous children in government care creates a real barrier to accessing MCFD services, even when they are provided services through a DAA. Families shared that the fear of having children apprehended prevents them from engaging at all with provincial child welfare services.



#### SOCIAL WORKER PRACTICE

Advocates regularly received calls where a major barrier to accessing services was ineffective social worker practice, regardless of what may be provided for in law or policy. Callers were placed on an extended series of Safety Plans (sometimes spanning months or years) when an Out of Care option such as an EFP agreement would have been applicable; callers requested an EFP agreement but were told by social workers that they have never heard of the program; and callers continued to be advised by social workers to obtain guardianship under the Family Law Act when access to services and supports under the Child Family and Community Service Act would have been appropriate.

## THE SUPPORT LINE THEMES & TRENDS (CONTINUED)

#### INADEQUATE FINANCIAL SUPPORT

Apart from the Extended Family Program, kinship families may access either provincial supports through Out-of-Care agreements or federal government supports such as the Canada Child Benefit and Child Disability Benefit for children, but not both. Advocates determined that strict eligibility criteria and fear of reaching out to the Ministry left the majority without provincial financial assistance.

The Canada Child Benefit (CCB) is not available for those who received provincial maintenance under a permanent Out-of-Care arrangement, as their eligibility for provincial supports excludes them from accessing federal benefits attached to children – a benefit specifically developed to lift children out of poverty. These families are not accessing the BC Child Opportunity Benefit as it is tied to the access of CCB as well, thus leaving out the most economically vulnerable kinship care families. Kinship caregivers who are ineligible for the CCB are also ineligible for the Child Disability Benefit (CDB). Similarly, some kinship care families have struggled to get Registered Education Savings Plans because their caregiver status is not recognized by the CRA.

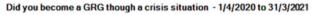
Importantly, these systemic barriers also prevented many kinship care families from accessing important financial assistance intended to provide economic relief due to the pandemic, including COVID-19 funding attached to the CCB benefit (\$300 per child) and to the CDB benefit (\$600 per child) as well as the BC Recovery Benefit (\$1000 per family). For some families, the government addressed this matter following individual or systemic advocacy, but other kinship care families have been prevented, despite advocacy, from accessing the financial support they would be otherwise entitled to if it were not for their status as BC kinship caregivers.

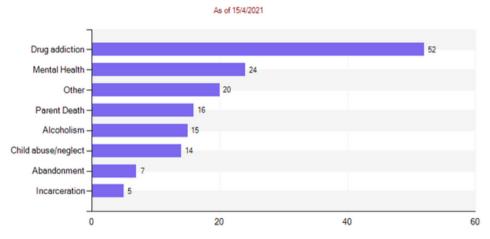
Support Line staff continued to observe barriers for families in accessing government services and supports (both financial and otherwise) particularly for children with higher needs.

## THE SUPPORT LINE THEMES & TRENDS (CONTINUED)

#### ADVERSE CHILDHOOD EXPERIENCES (ACES & TRAUMA)

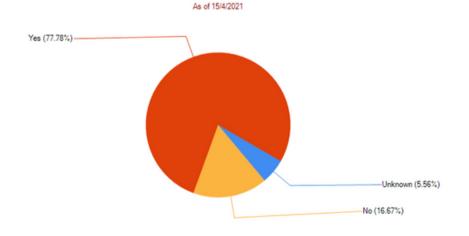
Many callers expressed concern about the Adverse Childhood Experiences (ACEs) and trauma experienced by children in their care. Parent struggles with substance misuse was the most common reason for children coming into kinship care next to parent mental illness, parent death, child neglect, abandonment, and parent incarceration. 78% identified violence contributing to the children coming into kinship care— a sad 26% increase from previous years.





Did you become a GRG through a crisis situation?

#### Was violence a contributing factor to the crisis - 1/4/2020 to 31/3/2021



Was violence a contributing factor to the crisis?

## SKILLSHARE PROJECT

#### **Indigenous Child Welfare Skillshare:**

Cross-Nation Knowledge-Sharing
Event on Child Welfare Law, Policy,
and Practice

**March 3rd** Extended Family Caring for Children: Policy, Services, and Supports

March 10th Overview: An Act Respecting First Nations, Inuit and Metis Children, Youth and Families March 17th Strengthening Indigenous Legal Authority

Over Child Welfare Matters

DAILY SCHEDULE 10:00 am to 11:45 am

Elder / Introductions / Circle Discussion / Elder

11:45 am to 12:30 pm

Elder / Lunch / Informal Discussion

12:30 pm to 2:00 pm

Powerpoint Presentation / Circle Discussion / Elder

Register via the Grandparents
Raising Grandchildren Support
Line before March 1st, 2021 at
grgline@parentsupportbc.ca or
1-855-474-9777

Zoom link to be provided upon registration



# Indigenous Child Welfare Skillsh

The Skillshare project was extended until March 31, 2021 due to the departure of Caity Goerke and COVID-19 travel restrictions. With the approval of the Law Foundation and Supervising lawyer, Patricia Barkaskas, re-imagined events were developed. Hera Qazi took up the Advocate-lawyer post in January and Christina and Hera moved forward with three consecutive week smaller Zoom events covering:

- Extended Family Caring for Children: Policy, Services, and Supports
- 2. Overview: An Act Respecting First Nations, Inuit and Metis Children, Youth and Families
- 3. Strengthening Indigenous
  Legal Authority Over Child
  Welfare Matters

23 Indigenous Nations were contacted. 19 professional representatives from ten unique Nations from diverse regions participated. Respected Elders provided openings, closings and culture sharing opportunities. Legal resources, education materials and webcams were sent out in advance. Evaluations clearly demonstrated the value of the Skillshare and advocates were encouraged to facilitate future educational and engagement events.

## KINSHIP FAMILIES MOBILIZE FOR CHANGE ADVANCES DESPITE COVID RESTRICTIONS

Building on findings and recommendations cited in the previous year's *State of Kinship Caregivers in BC* research, the Mobilization project took shape. Funded partially by the Vancouver Foundation, the Mobilization project has been developing strategies to implement the recommendations.

Work was primarily conducted over Zoom. However, in early Fall, small, in-person mostly outdoor kinship care gatherings were held across BC when it was possible and within the COVID-19 health guidelines. Jane Bouey travelled to Surrey, Kelowna, Vernon, Kamloops, Quesnel, Williams Lake, Prince George, Salmon Arm, Victoria, and Duncan.

We continue to learn how Kinship care within Indigenous communities is distinctive. A unique group "All Our Relations: Equality for Relatives Raising Relatives" was formed and provides an Indigenous lens to the work, exploring issues like racism and the ongoing impact of colonization.

Early gatherings reviewed the research findings and raised interest in the mobilization project (and PSS in general). The main focus of all meetings has been sharing experiences and knowledge of government systems, as well as building advocacy skills, and strategic planning. The intention of the project is for kinship caregivers to take on the leadership, and begin independently organizing for changes to government policy, legislation, and practice.



#### **All Our Relations**

Equality for Relatives Raising Relatives

Purpose of group: Indigenous grandparents and others who are raising a relative's child face unique struggles. Non-Indigenous caregivers raising Indigenous children also deal with unique issues, such as racism directed at their children. Changes are necessary to help these families. This group is working together to win the necessary changes.





# THANK YOU!





As PSS of BC's Board President and Executive Director, we are more grateful than ever for the incredible team of staff members who consistently provide exceptional service, and who have demonstrated outstanding commitment, flexibility and perseverance during the pandemic. Our volunteers have also shown amazing dedication, continuing to give their time and energy to support our work.

Special shout out to our Advisory Committee members on the Curriculum Overhaul who contributed hundreds of hours to the project.

Our volunteer Board of Directors has done wonderful work in providing governance and support as we responded to the pandemic. We thank each and every staff member, volunteer and Board member for their tireless efforts, now and always. We thank outgoing board members Jacob Black-Lock for his commitment to the Society and to Christine Lal who put in countless hours with the accounting challenges faced this year.

We also would like to recognize the work of Caity Goerke who moved on to a full-time legal position, Simon Fraser University Coop student Rebecca Vattathichirayil, practicum students, Brittany Mills and Courtney Sweet from the University of Victoria, and Jill Donnelly from the University of British Columbia.

Finally, many thanks to you, our friends, donors, partners and funders. You sustain the work we do and ensure that we can continue supporting those community members who need us most.

Best wishes,

Sarah Allan, President & Carol Madsen, Executive Director



Siham Alkhashief Donna Andrews

Erin Anyar Sherifa Azzab Echo (Yifan) Bai

Alexandra Bandasmi

Jennifer Beckett Reynaldo Blasco Darrion Capellan

Lynn Carty Kalbir Chahal Terence Chan Serina Chen
Emily Doherty
Donna Eckert
Hazel Edurese

Jenessa Ellis

**Kate Evans** 

Vanesa Fagyas Jonah Fialkow

Shiela Ginn

Bee Grandison

Patricia Gravidez

**Connie Gu** 

# THANK YOU TO OUR VOLUNTEER FACILITATORS!



Yuqi (Helen) He

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**Jeffrey Simons** 

Harpal Singh

Alexandra Smith

Cassandra Strain

**Zainab Sumar** 

Helen Sun

Gillian Sutherland

**Mary Anthonette Tecson** 

Lidia Veronica

**Emerald Weninger** 

Sarah Willms

# THANK YOU TO OUR VOLUNTEER FACILITATORS!



Debbie Wilson Derek Wilson Jessie Wu Cynthia Yaunish Bao Yi (Alice) Zeng

Our volunteers are the backbone of our programs.
Thank you so much!

Vicky Albarracin

Stephanie Angel-Garay

Laarni Bernardo

Sonia Blanco

Reynaldo Blasco

Lilian Bocol

Sylvia Caberio

Diane Chan

Serina Chen

May Lai-Sin Cheng

**Marlyn Dadural** 

**Erin Ding** 

Gudaad (Andrea) Doolan

**Hazel Edurese** 

**Bee Grandison** 

Yuqi (Helen) He

Gina Hortelano

Lidia Lee

Paeony Hei Yin Leung

**Anyar Lin** 

# THANK YOU TO OUR STEERING COMMITTEE MEMBERS



Aurea Lucas

Ana Machado

**Milagros Martinez** 

Esaine Mo

Violeta Munoz-Berruecos

Marisol Nacho-Vargas

Yan (Catherine) Qiao

**Ana Racho** 

Josh Rasalan

Mayvelyn Remigio

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**Jeannette Hicks** 

**Wendy Jankovic** 

Kim Jensen

Teresa Kung

**Joa Lazarus** 

Sally Louie

**Caslynn McKinney** 

Annita McPhee

## THANK YOU TO OUR VOLUNTEERS!

Many thanks to our guest speakers, event volunteers, and those who helped with our e-learning development and mobilization projects.



**Brittany Mills** 

Shari Monsma

**Gail Montgomery** 

Stephanie Morgan

Mary Morgan-Pick

**Marlon Morrison** 

**Marylin Nelson** 

Harinder Parmar

**Sue Pearse** 

**Shirley Piedt** 

**Catherine Qiao** 

Mary Scheidegger

Lynn Sinclair

**Cassandra Strain** 

**Students** 

**Courtney Sweet** 

**Tabitha Tucker** 

**Cheryl Wehr** 

**Bonnie Whipple** 

**Sharon Whiting** 

Derek Wilson

**Cynthia Yaunish** 

Mike Zlotnik

And the Board of

Directors, who all

volunteered their time!

Sarah Allan Jacob Black-Lock Jade Chan Louise Costello Crissy George

> Randall Gillis Christine Lal

Shaun Wilson

Kamy Zargarpour

## THANK YOU TO OUR DONORS!



**Bella Cenezero** 

**Rick Downie** 

**Shirley Piedt** 

**Lagrimas Salazar** 

**Arcteryx** 

Browns Social house at Q.E theatre (Vancouver)

Cafe Justicia

**City of Prince George** 

**Earnest Ice Cream (Vancouver)** 

**East Van Hot Glass (Vancouver)** 

Hilltop Inn (Salmon Arm)

Homer Cafe (Vancouver)

Inn On The Quay (New Westminster)

Iron Dog (Vancouver)

**Kennedy Stewart (Vancouver)** 

Kidsbooks (Vancouver)

London Drugs on Granville (Vancouver)

**Massy Books (Vancouver)** 

Peoples' Coop Bookstore (Vancouver)

Rain or Shine Ice Cream (Vancouver)

Rosedale Robson (Vancouver)

**Sheraton Vancouver Guilford Hotel (Surrey)** 

Staples on Seymour (Vancouver)

**Team Aquatics** 

**Upstart & Crow Stories Inside Book Store (Vancouver)** 

## THANK YOU TO OUR FUNDERS!



Adoption and Permanency Fund of BC, Victoria Foundation

Anonymous

British Columbia Ministry of Children and Family Development
Children's Health Foundation of Vancouver Island

**City of Prince George** 

First Nations Health Authority

**Gaming Policy & Enforcement Branch** 

Government of Canada

Law Foundation of BC

**Province of British Columbia** 

**United Way Central & Northern Vancouver Island** 

**United Way Central & Northern Vancouver Island Cowichan** 

United Way Central & Northern Vancouver Island Emergency Community

**Response Fund** 

United Way Central & Northern Vancouver Island Nanaimo

United Way Central & Northern Vancouver Island Senior Response Fund

**United Way Greater Victoria** 

United Way of the Lower Mainland

United Way of the Lower Mainland Emergency Community Response Fund

**Vancity Community Foundation** 

**Vancouver Foundation** 

## THANK YOU TO OUR PARTNERS!



Archway Community Services - Family Centre & Best for Babies; & Child, Youth and Family Services

**Britannia Community Centre** 

**Broadway Youth Resource Centre** 

**Cameray Child and Family Services** 

Carney Hill Neighbourhood House

College of New Caledonia

First Nations Health Authority (FNHA)

**Galiano Conservancy Association** 

**Greater Nanaimo Early Years Partnership** 

**Hadih House** 

**Immigrant Services Society of BC** 

Information Children

Kiwassa Neighbourhood House

Little Mountain Neighbourhood House

Mount Pleasant Family Centre Society

Mount Pleasant Neighbourhood House Nanaimo Child Development Centre

Nisga'a Ts'amiks Vancouver Society (NTVS)

**Prince George Native Friendship Centre** 

Richmond School District #38 - SWIS Program

SHARE Family & Community Services Society

South Vancouver Neighbourhood House SUCCESS

**United Way of Northern British Columbia** 

University of Northern British Columbia

University of Victoria

**Urban Native Youth Association (UNYA)** 

**Vancouver Community College** 

Vancouver Island University – Blake Landry, Canada Learning Bond Coordinator
Vancouver School Board – SWIS Program

## THANK YOU TO OUR STUDENTS!

# THANK YOU TO OUR CONTRACTORS & SUPPLIERS!

**Caitlin Alder** 

**Jill Donnelly** 

Simone Klein

**Brittany Mills** 

**Courtney Sweet** 

Rebecca Vattathichirayil

Annita McPhee
Integrous
James Cariou
Josh Rasalan
Keela
Kent Employment Law

Mel Ifada, KOJA Consulting
Sea to Sky

Holly MacDonald, Spark and Co.

## **STAFF AND BOARD 2020 - 2021**

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Jade Chan

Louise Costello

**Crissy George** 

**Randall Gillis** 

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