



Parent Support Services
Society of BC

**Free &
Confidential!**

Parent Support Circle Parenting Teens Vancouver Island



Raising children to be the best they can be, is no easy task. Parent Support Circles provide a safe, supportive space to share ideas and information with others who are raising teens. Join us for weekly support circle meetings with other parents of teens to discuss some of the common issues that come up. Explore ideas to help adjust in ways that allow you to support your teen in becoming a capable and independent adult.

Thursday evenings on Zoom - Weekly at 7:30 pm

To register visit: bit.ly/provcircleform

Or call us at **1-877-345-9777**

or email office@parentsupportbc.ca

Our Circles are free and confidential.



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PSS of BC recognizes and respects all the Indigenous Nations, Traditional Lands and Territories upon which we Gather, Live, Work and Play