

The Village Newsletter

Parent, Grandparent, & Caregiver Resource



The Village is a registry of programs, resources, and services for parents in the community.

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April 2023

THE LAST ISSUE

You might have heard the sad news: This is the last publication of the Village Newsletter. From May 1st, 2023, the Village will no longer be publishing its monthly newsletters.

PSS is working on improving its resource webpage, where parents and service providers will soon be able to find a registry of programs, resources and services.

Thank you to all the service providers who have helped us share valuable resources to parents throughout the years, and thank you to all the readers whom we've had the pleasure to support through the Village.

Please subscribe to the Provincial PSS Monthly Newsletter for more recent updates on PSS Services & community resources.

If you would like to submit your programs for publication in the monthly PSS Newsletter, please email orneli.bakajika@parentsupportbc.ca.

Subscribe

*This registry is provided as a convenience to the public. The inclusion of a service should not be taken as an individual endorsement.

We acknowledge the financial support of:
The Province of British Columbia





A LITTLE BIT OF TIME CAN MAKE A BIG DIFFERENCE

Parent Support Services Society of BC

BECOME A VOLUNTEER CIRCLE FACILITATOR OR PARENTING BOOK CLUB FACILITATOR!

Volunteer Facilitators work with our Support Circles to connect with and support parents and kinship caregivers in building healthier families-
online and in-person modality

We're looking for candidates who speak **English, Arabic, Cantonese, Korean, Mandarin, Pilipino, Portuguese, Punjabi and Spanish** from diverse background and varying perspectives who:

- Have good listening and communication skills
- Have a basic understanding of child development
- Want to support parents and other kinship caregivers

If this sounds like you, use the QR code to apply today!

FACILITATOR TRAINING

Volunteers who are able to commit 3-5hrs/week for 1 year receive **Free** Initial Facilitator Training, which takes place virtually using a combination of self-paced learning models and Live Zoom Sessions.

UPCOMING VIRTUAL SESSIONS

May 25	May 27	June 1
7:00-9:00 PM	9:30-11:30 AM	7:00-9:00 PM

Volunteers must also complete 15 hrs. of self-paced learning modules.

SCAN TO APPLY!



QUESTIONS? REACH US HERE:

parentsupportbc.ca
604-669-1616 ext. 104
volunteer@parentsupportbc.ca



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Parent Support Services
Society of BC

Are you **raising** your grandchild?

Parenting the second time around can be a joy but can also bring new challenges.

To find the answers, assistance, and resources, call the Kinship Care Help Line for support.

The Kinship Care Help Line provides navigational support & advocacy
604-558-4740 (Greater Vancouver) 1-855-474-9777 (Toll Free)



Parent Support Services
Society of BC

Parenting Workshop

Join us for an informative workshop led by Island Health Dietitian, Janet Krenz who will discuss how to help your baby & young child eat well.

Helping Your Baby & Young Child Eat Well

- Introducing solids
- Introducing allergenic foods
- Adult's roles vs Child's roles
- Developing positive relationships with food
- Picky eating
- Key nutrients in early years
- Reliable nutrition resources

April 4, 2023
10AM - 11:30AM



Registration:

Scan or Click
to Register



FREE

Online workshop

Registration required to participate in this **FREE** workshop!

<https://bit.ly/pssparentingworkshop>

In partnership with:



GOT QUESTIONS?

REACH US AT:

1-877-345-9777 (Toll-Free)
office@parentsupportbc.ca
parentsupportbc.ca



United Way
Southern
Vancouver Island

We acknowledge the financial support of:
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Parent Support Services
Society of BC

Parenting Workshop

Join us for this informative 2-part workshop series as we learn how our personality interplays with that of our child's, and explore strategies in supporting their unique way of being.

Tuning Into Temperament (0-12y)

This workshop covers...

- The 9 different temperament traits
- The importance of attunement
- Focusing on our child's strengths
- Matching our parenting to our child's temperament

April 17th 10 AM - 11:30 AM

April 24th 10 AM - 11:30 AM

2-Part Workshop



Registration:

Scan or Click
to Register



FREE

Online workshop

Registration required to participate in this **FREE** workshop!

<https://bit.ly/pssparentingworkshop>

In partnership with:



information
children

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parentsupportbc.ca

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Parent Support Services
Society of BC

Parenting Workshop

Join us for this informative workshop for parents & kinship caregivers who are interested in providing a language-rich environment and supporting the communication development of their little ones. Best suited for parents/caregivers raising children under 6.

Supporting Communication In Early Years

Led by speech-language pathologists
Arlie Christie MSc. SLP, RSLP & **Rachel Watson**, RSLP
from Tall Tree Integrated Health



The Workshop covers milestones in:

Speech Language Hearing Play

Strategies to integrate into your daily interactions to:

- Facilitate & encourage the development of language
- What you can do if you notice these milestones are being missed
- How to access online and print resources to further your learning

April 27th
7:30 PM - 9:00 PM



Registration:

Scan or Click
to Register



FREE

Online workshop

Registration required to
participate in this **FREE**
workshop!

<https://bit.ly/pssp parentingworkshop>

In partnership with:



**GOT QUESTIONS?
REACH US AT:**

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office@parentsupportbc.ca
parentsupportbc.ca

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Parent Support Services
Society of BC presents



Circle of Security Parenting



Do you want to strengthen your bond with your child and better understand their emotional needs? The Circle of Security Parenting program offers ways to support and strengthened secure parent-child relationships.

Best suited for families with children 4 months to 12 years old

This 8-week workshop will cover how to:

- Better understand your child's emotional world & learn to read their emotional needs
- Support your child and help them manage their emotions
- Enhance the development of your child's self-esteem
- Honour your child's wish to be secure

SCAN ME



Register Now

Click or Follow Link
<https://bit.ly/psscscos>

Or email us at
office@parentsupportbc.ca

When?

Morning Session:
10AM on Fridays
Starting April 14th, 2023

Evening Session:
7PM on Wednesdays
Starting April 12th, 2023

Where?

Online Workshop:
2 Hours Via Zoom

***Limited space available.**



Parenting Support Circles

PSS Provincial Parent Support Circles

Support Circles are free, anonymous, confidential self-help groups offering weekly or bi-weekly meetings.

Support Circles for anyone in a parenting role to learn positive parenting by providing them with a safe atmosphere in which to share their stories and stresses, learn new skills, receive emotional support and discover services and resources.

[Click here to view calendar](#)

For more information please contact
Call: 1-877-345-9777
email: bella_cenezero@parentsupportbc.ca
<http://www.parentsupportbc.ca/>

Grandparents Raising Grandchildren (Kinship Care) Support Circles

A Support Circle for grandparents and others raising a family member's child to learn positive parenting by providing them with a safe atmosphere in which to share their stories and stresses, learn new skills, receive emotional support and discover services and resources.

Where: Online via Zoom

When: Weekly

Mondays 10:00am

Tuesdays 7:30pm

Thursdays 10:00am

[Register Now](#)

For more information please contact
Call: 604-669-1616 (Office) Ext. 114
email: sandi.halvorson@parentsupportbc.ca

Hadih House Family Unity Parent Support Circle

At Family Unity families cook together and enjoy a meal, parents talk about how they are feeling about their children and themselves. They find understanding, support and encouragement to be the parents they want to be and enjoy a healthy meal. Free for everyone.

Register for this Support Circle
250-563-7976 (must call to register)
hadihhouse@carneyhill.ca
carneyhill.ca

When: Every third Tuesday of the month @ 2-4PM
Where: 2105 Pine St.

[Learn about Hadih House here](#)

Hadih House Women's Wellness Parent Support Circle

This women's only group, meets weekly. The Circle allows participants to get together, talk about parenting issues, find support, learn from one another. There will sometimes be guest speakers. Please call or email for more information or you can view the calendar of events.

When: Bi-Weekly on Thursdays, 12:30PM - 2:00PM

Where: 2105 Pine St.

[Learn about Hadih House here](#)

We acknowledge the financial support
of the Province of British Columbia And The City of Prince George



Financial Aid & Legal Aid

Native Court worker & Counselling Association of BC

The Native Courtworker and Counselling Association of B.C., is a Provincial Indigenous Agency with offices located province wide and locally inside of the Prince George Court House in Room 1046 as well as on the third floor of the Scotia Bank Building in Room 304.

We provide information, support, and advocacy for people, spouses, and family members who are accused of a crime, or who are going through Family Court Matters with MCFD involvement, and who need general support for referrals for counseling, housing, treatment etc.

We alleviate the stress of speaking to Justice Officials and Court Staff, while supporting and encouraging people.

We can be contacted toll free at **1-877-811-1190**

Ext. 321 for Billy Jo Belcourt the Youth and Family Advocate,
Ext. 322 for Lori Henry- Prince George Native Courtworker;
Ext.326 for Carmen Williams the Prince George, Tsay Keh Dene, and Kwadacha Native Courtworker

New Parents

Infant Development Program

Home visiting program for families who have children between birth - 3 years, and who may be looking for extra support.

Consultants have knowledge and experience in all areas of development including speech, motor, social, emotional, behavioral and cognitive, parenting and infant mental health.

No cost. Open referral, parents may call directly or be referred.

Contact IDP at

Call: 250-564-6408

Email: idp@aimhi.ca

Website: www.aimhi.ca

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of the Province of British Columbia And The City of Prince George

Parent Education

Child Development Centre

1687 Strathcona Avenue, Prince George

The Centre offers a Therapy Program which provides information to parents of children with special needs and development delays on how best to facilitate their child's development.

We also offer Supported Child Development for children who would benefit from support in a licensed daycare or preschool program. We have a Family Resource Lending Library, including videos/DVDs, books, etc, available at no cost for families receiving services from the centre.

For more information call **250-563-7168** extension 0.

email enquiries@cdcpge.org
or visit our website at www.cdcpge.org

Active & Healthy Living

Community Recreation Directory

To learn about all the great recreation opportunities PG has to offer - Check out the Prince George Community Recreation Directory.



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Workshops/ Training/ Volunteer Opportunities

Volunteers needed to run Virtual Parent Support Circles & Book Clubs

Learn to be an effective Group Leader: Free Training for volunteers. The training is free to volunteers with the commitment to facilitate a Parent Support Circle for a minimum of one year. Parent Support Circles are weekly groups for any parents who are experiencing stress or isolation in their parenting; would benefit from being part of a community of parents; and want to find healthy ways to relate to their children.

PSS Provides Training in:

- *Group Facilitation skills*
- *Listening and Communication*
- *Group process and dynamics*
- *Parent and Grandparent issues*
- *Child abuse awareness & prevention*
- *Cultural Issues in Parenting*

For more information, contact;
Education and Support Program Coordinator
Daniela Alvarado-Torres

604-669-1616 (Office) ext. 106
daniela.alvarado-torres@parentsupportbc.ca



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of the Province of British Columbia And The City of Prince George