



Parent Support Services Society of BC

# PARENTING SUPPORT CIRCLES

Parenting Support Circles are **FREE**, **confidential** and **anonymous** circles that support parents and kinship caregivers throughout their parenting journey.

Parenting Support Circles can take place either online or in-person. They provide the space to share the challenges, concerns, questions, skills, and information, that come with parenting.

Online Via ZOOM Circle = 

In-Person Circle = 

SCAN TO JOIN



[bit.ly/provcircleform](https://bit.ly/provcircleform)




## MONDAY

10:00 AM KINSHIP CARE CIRCLE  7:00 PM SPANISH CIRCLE  8:00 PM KOREAN CIRCLE   
9:00 PM GENERAL PARENTING 





## TUESDAY

7:30 PM KINSHIP CARE CIRCLE 





## WEDNESDAY

7:00 PM PARENTING CHILDREN  W/ ADHD 7:30 PM GENERAL PARENTING  7:30 PM FATHERING CIRCLE 


## THURSDAY

10:00 AM GENERAL PARENTING  10:00 AM KINSHIP CARE CIRCLE   
7:00 PM GENERAL PARENTING  7:30 PM PARENTING TEENS (13+) 



## FRIDAY

10:00 AM MANDARIN CIRCLE  12:00 PM NEW WEST SPANISH CIRCLE   
7:00 PM CANTONESE CIRCLE  8:30 PM SINGLE PARENTS CIRCLE 

## SATURDAY

1:00 PM FILIPINO CIRCLE  7:30 PM MANDARIN CIRCLE 

## SUNDAY

10:00 AM PARENTING CHILDREN  W/ ADHD 7:30 PM PARENTING ANXIETY/DEPRESSION (13+) 

PSS recognizes and respects all the Indigenous Nations and Traditional Lands & Territories that we Gather, Live, Work and Play on across BC.

QUESTIONS? REACH US HERE:  
[parentsupportbc.ca](https://parentsupportbc.ca)  
1-877-345-9777 (Toll-Free)  
[office@parentsupportbc.ca](mailto:office@parentsupportbc.ca)

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