



THE PARENTING BOOK CLUB IS BACK!

There's good news for parents who have been anticipating the return of our Parenting Book Club. After a short hiatus, we're happy to announce that our Parenting Book Club is officially back and in full swing!

If you're a parent or caregiver who loves learning through books and are interested in discussing some of today's best selling parenting books, join the Book Club waitlist today!

Book clubs are a great way to find support while having fun and learning new information. Parents and caregivers who participate have the opportunity to connect with others in the same role, give and receive peer-to-peer support and advice, and get to learn lots of new parenting techniques along the way.

[Click here to join the waitlist!](#)



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Parent Support Services
Society of BC

ANNOUNCEMENT OF EXECUTIVE DIRECTOR RESIGNATION

Dear friends, colleagues and supporters of PSS,

It is with both sadness and gratitude that we must announce Katie Robertson's departure as the Executive Director of Parent Support Services Society of BC, effective April 28th, 2023.

Katie took on the role as Executive Director in 2021, and has since then, helped usher in a new strategic plan through the Board of Directors and staff, built new important strategic partnerships with complementary partners, and helped improve and stabilize operations and organizational processes, among many other accomplishments.

Katie leaves PSS in a strong position for continued growth, and we sincerely thank her for her invaluable contribution and leadership in her time here. We wish her the best in her future endeavors.

If you have any questions about the transition or the organization, do not hesitate to reach out to the new Acting Executive Director, Jane Bouey at jane.bouey@parentsupportbc.ca

Best regards,

PSS Staff





WELCOME TO THE NEW EXECUTIVE DIRECTOR, JANE BOUEY!

Dear friends, colleagues and supporters of PSS,

Please welcome our new Acting Executive Director, Jane Bouey! Jane started work at PSS in the Fall of 2013 as the Executive Assistant with a focus on communications. Since then, Jane has played a vital role in the organizational growth of PSS over years. Through her natural leadership and interpersonal skills, she has consistently helped the organization raise significant annual funding across a network of campaigns.

In April 2019, Jane began managing PSS's kinship care research and mobilization project. In her most recent role as the Program Manager - Advocacy and Mobilization, Jane continued working alongside kinship caregivers as they advocated for systemic change.

She also oversaw some changes to the Kinship Care Help Line and supported the advocates on the Line as they built collaborative relationships with Indigenous communities and supported families on the Line.

As a former school trustee, and Vice Chair of the Vancouver School Board, Jane is passionate about public education, and has spent her life working for a safer, more welcoming, inclusive and just society for children and youth. She has played a key role in the development and implementation of policy to end harassment based on sexual orientation and gender identity in schools – in Vancouver and across Canada. Jane co-managed an independent bookstore in Vancouver for almost two decades, and was a volunteer co-host and producer of a current affairs radio program on community radio.

Jane is excited about moving the PSS mission forward with her new role. She can be reached at 604-669-1616 or jane.bouey@parentsupportbc.ca.

Welcome, Jane!





NEWS & UPDATES

CELEBRATING NATIONAL VOLUNTEER WEEK



VOLUNTEER RECOGNITION SOCIAL

April 18th, 2023

This year, National Volunteer Week was from April 16th to April 22nd. PSS spent the week recognizing the inspiring and compassionate volunteers who continue to dedicate their time and effort, to making a positive impact on parents and their families throughout BC!

At PSS, we believe in empowering those in a parenting role, by helping them build a strong sense of community. We wouldn't be able to do this without our very own incredible community of volunteers from across the Province. Whether it be a circle facilitator, a steering committee member, a board member or special event committee member, all the roles in which our volunteers play, are vital and much appreciated.

This year, we wanted to show the volunteers, how much their kindness and support mean to the organization by hosting a Volunteer Recognition Social which took place on April 18th, 2023.

Staff and volunteers came together at the PSS head office in Burnaby to share food, drinks, laughs and lots of conversation. Recognitions were especially in order for the volunteer facilitators, who have cumulatively dedicated over 3,500 hours of their time from 2022-2023 and have supported over 21 circles across BC. It's been an amazing year for all the volunteers at PSS who've made incredible strides to help move forward our mission. We are truly grateful for them.

If you missed this event and would like to be notified about upcoming events, [please join our mailing list today!](#)



Want to learn more about volunteering with us? [Click Here!](#)





PSS NEWS & UPDATES

PSS IN THE COMMUNITY

PETE THE CAT'S "FIRST STEPS TO SCHOOL" FAIR! APRIL, 20, 2023

Parent Support Services Society of BC joined 20 local service providers at Pete the Cat First Steps to School Fair, an annual event aimed at supporting and welcoming families in School District 69 (Parksville-Qualicum Beach) with children starting kindergarten in September. An estimated 150 families attended this fun-filled event on Thursday, April 20th at the Qualicum Commons in Qualicum Beach, BC.

The event welcomed families, Kwalicum Secondary School students Thomas, and Jenna as well as Vancouver Island University student, Taia, who engaged the children by making cute Pete the Cat Paper Bag puppets with them, while staff member Sandi Halvorson, shared with parents the programs and services offered at PSS.

If you missed this fair and would like to be notified about similar upcoming events, **[please sign up for our mailing list](#)** to receive regular updates!



BECOME A MEMBER TODAY!

For a small minimum donation, you can become a member of PSS. Your membership encourages us to keep developing and improving the delivery of our impactful programs and services.

Membership includes access to workshops, voting at our Annual General Meeting, and the opportunity to run for the Board of Directors. Make a difference, and help shape how our organization grows!

[Click here to help us continue making a difference in the lives of families across BC!](#)





PSS SERVICES

SPOTLIGHT SUPPORT CIRCLES

Shining a spotlight on our Parenting Support Circles currently seeking new members!
Join to be part of a supportive community!



PARENTING CHILDREN W/ ADHD CIRCLE

Date: Sunday (Weekly)
Time: 10:00 AM
Location: Online via Zoom

[JOIN NOW](#)



KINSHIP CARE SUPPORT CIRCLE

Date: Monday & Thursday (Weekly)
Time: 10:00 AM
Location: Online via Zoom

[JOIN NOW](#)



FATHERING SUPPORT CIRCLE

Date: Wednesday (Bi-Weekly)
Time: 7:30 PM
Location: Online via Zoom

[JOIN NOW](#)



SINGLE PARENTS SUPPORT CIRCLE

Date: Friday (Weekly)
Time: 8:30 PM
Location: Online via Zoom

[JOIN NOW](#)

HADIH HOUSE FAMILY UNITY PARENT SUPPORT CIRCLE

250-563-7976 (must call to register)
hadihhouse@carneyhill.ca
carneyhill.ca

Date: Every third Tuesday of the month
Time: 2:00 PM - 4:00 PM
Where: In-person 2105 Pine St., Prince George, BC

HADIH HOUSE WOMEN'S WELLNESS PARENT SUPPORT CIRCLE

250-563-7976 (must call to register)
hadihhouse@carneyhill.ca
carneyhill.ca

Date: Bi-Weekly on Thursdays
Time: 12:30 PM - 2:00 PM
Where: In-person 2105 Pine St., Prince George, BC



PARENTING SUPPORT CIRCLES

Parenting Support Circles are **FREE, confidential** and **anonymous** circles that support parents and kinship caregivers throughout their parenting journey.

Parenting Support Circles can take place either online or in-person. They provide the space to share the challenges, concerns, questions, skills, and information, that come with parenting.

Online Via ZOOM Circle = 





In-Person Circle = 

SCAN TO JOIN



bit.ly/provcircleform




MONDAY

- 10:00 AM KINSHIP CARE CIRCLE 
- 7:00 PM SPANISH CIRCLE 
- 8:00 PM KOREAN CIRCLE 
- 9:00 PM GENERAL PARENTING 





TUESDAY

- 7:30 PM KINSHIP CARE CIRCLE 





WEDNESDAY

- 7:00 PM PARENTING CHILDREN W/ ADHD 
- 7:30 PM GENERAL PARENTING 
- 7:30 PM FATHERING CIRCLE 



THURSDAY

- 10:00 AM GENERAL PARENTING 
- 10:00 AM KINSHIP CARE CIRCLE 
- 7:00 PM GENERAL PARENTING 
- 7:30 PM PARENTING TEENS (13+) 



FRIDAY

- 10:00 AM MANDARIN CIRCLE 
- 12:00 PM NEW WEST SPANISH CIRCLE 
- 7:00 PM CANTONESE CIRCLE 
- 8:30 PM SINGLE PARENTS CIRCLE 

SATURDAY

- 1:00 PM FILIPINO CIRCLE 
- 7:30 PM MANDARIN CIRCLE 

SUNDAY

- 10:00 AM PARENTING CHILDREN W/ ADHD 
- 7:30 PM PARENTING ANXIETY/DEPRESSION (13+) 

Don't see a Circle that meets your needs? Contact our Education & Support Program Coordinator

Call: 604-669-1616 ext.106
Email: daniela.alvarado-torres@parentsupportbc.ca





Parenting Workshop

Navigating sleep in the first months after baby has arrived and into the early years of childhood can be a challenge for caregivers. Join this online workshop to answer your questions surrounding what is “normal” sleep for kids, why your baby keeps waking up at night, and how to avoid the bedtime protests.

Navigating Bedtime in the Early Years

This workshop covers

- Typical sleep patterns
- Sleep challenges in infancy
- Bedtime struggles in early childhood
- Strategies to encourage better sleep for little ones

Part 1: Tuesday, May 30th from 10 am - 11:30 am

We will explore infant sleep and the foundations of understanding sleep.

Part 2: Tuesday, June 6th from 10 am - 11:30 am

We will explore toddlerhood sleep and bedtime challenges.

2-Part Workshop



Registration:

Scan or Click to Register



FREE

Online workshop

Registration required to participate in this **FREE** workshop!

<https://bit.ly/pssp parentingworkshop>

In partnership with:



GOT QUESTIONS?
REACH US AT:
1-877-345-9777 (Toll-Free)
office@parentsupportbc.ca
parentsupportbc.ca



GRAND GATHERING WORKSHOP

For BC grandparents raising grandchildren and others raising the child of a relative

REGISTER TO RECEIVE ZOOM LINK!



Supporting Children through their Emotions:

Does it feel overwhelming when your child has the “big feelings” that seem to come out of no where? Come and learn practical strategies to calm their stress response system and foster their ability to regulate through co-regulation and connection with you as the caregivers.

Workshop Presenter:

Brenda Dragt, MSW - CCI Consultant & Lead Trainer, Complex Care & Intervention program with Complex Trauma Resources.



Tuesday, May 9th, 2023
10 AM - 11:30 AM

Register for this free, online workshop here:
<https://bit.ly/pssgrandgathering>

GOT QUESTIONS?
REACH US AT:

1-877-345-9777 (Toll-Free)
office@parentsupportbc.ca
parentsupportbc.ca

REGISTER NOW



FREE



We acknowledge the financial support of:
The Province of British Columbia





Parent Support Services
Society of BC



Are you a **Kinship** Caregiver?

Raising a relative's child can be a joy but also brings new challenges.

Call the Kinship Care Help Line for answers, assistance, resources and support.

The Kinship Care Help Line provides navigational support & advocacy
CALL 604-558-4740 (Greater Vancouver) CALL 1-855-474-9777 (Toll Free)



KINSHIP CARE UPDATES

Kinship Care Help Line *Supporting Kinship Caregivers and Families in B.C*



604-558-4740 (Greater Vancouver)
1-855-474-9777 (Toll free)

You can now meet with our advocates on Zoom, in addition to the phone

You can now meet with our advocates on Zoom, in addition to the phone. The Kinship Care Help Line operates Monday, Tuesday 10AM – 2PM & Thursday, Friday from 9AM – 5PM.

Call the Kinship Care Help Line for assistance to:

- Navigate complex service systems such as the Ministry of Children and Family Development
- Overcome information barriers; find the answers, assistance, and resources
- Identify benefits and services that will support the whole family

Please note that Help Line advocates can provide fulsome legal information but cannot provide legal advice. To book an appointment today, visit our website or click below.

[BOOK NOW](#)

Drop-in Indigenous Child Welfare Circle

The Kinship Care Help Line advocates hold space for a cross-Nation circle discussion on child welfare matters on the last Wednesday of each month. This is an opportunity for Indigenous community leaders engaged in the child welfare to learn, inspire and support one another.

Contact our Advocates to find out more info.

[LEARN MORE](#)

MUSIC FOR LIFE: A fun music program for young ones and their kinship caregivers

The Victoria Conservatory of Music is offering a FREE weekly in-person music program for you and the child you are raising. Classes will take place in Victoria, BC. These are fun and energetic music classes that help engage children in a lifelong love of music. Explore instruments, sing songs, have fun with movement and begin early literacy and numeracy learning!

To learn more or register for this program, contact Sandi Halvorson, Community Connections Coordinator at 604-669-1616 ex. 114 or sandi.halvorson@parentsupportbc.ca

[LEARN MORE](#)

Join our mailing list for receive Kinship Care Updates:

[SIGN UP](#)

Follow our Help Line Facebook page:

 Find us on Facebook

Kinship Care Help Line 10th Anniversary:

[LEARN MORE](#)





NEWS & UPDATES

COMMUNITY NEWS & RESOURCES



SAVE THE DATE: PSS ANNUAL GENERAL MEETING

THE AGM DATE HAS BEEN SET FOR JUNE 26, 2023

The Board of Directors invite our staff, members, volunteers, community partners, funders, donors and supporters to attend our virtual AGM to come together to reflect on the past year. To view our most recent annual reports, click below.

[View reports here...](#)



MOTHER'S DAY TRADITIONAL POW WOW AT TROUT LAKE

MAY 12 - MAY 14, 2023, VANCOUVER, BC

Trout Lake will be hosting the Mother's Day Traditional Pow Wow of 2023. This event takes place on the traditional and unceded Coast Salish territories of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh (Squamish) and səlílwataʔ (Tsleil-Waututh) Nations. The 2023 Mother's Day Traditional Pow Wow will be a three day event, Friday through Sunday. It is organized by a community-led committee and executed with the help of volunteers. [Learn more here...](#)



A FAIRNESS FOR CHILDREN RAISED BY RELATIVES GATHERING

JUNE 10-11, 2023 IN KAMLOOPS, BC

The second annual F4CRR Gathering is happening this June! You won't want to miss it! Fairness For Children Raised By Relatives BC invites kinship care providers from across the province to join us in beautiful Kamloops BC Saturday and Sunday – June 10-11, 2023. Fairness for Children Raised by Relatives invites kinship care providers from across the province to join us as together we address some of the complexities of Aging and Kinship Care [Learn more here...](#)



NATIONAL CHILD & YOUTH MENTAL HEALTH DAY EVENT

MAY 4TH, 2023 AT 6:00PM – 8:00PM (PST) ONLINE EVENT

Join Family Start online for a presentation and Q & A with Dr. Ross Greene as he speaks about how Collaborative and Proactive Solutions can help us show our kids we care about them.

[Register here...](#)

QUESTIONS? REACH US HERE:

parentsupportbc.ca
1-877-345-9777 (Toll-Free)
office@parentsupportbc.ca

PROVINCIAL NEWSLETTER

You never have to worry about missing a thing when you sign up for our monthly provincial newsletter!

SIGN UP



FOLLOW US FOR UPDATES:



MAY 2023

PSS of BC recognizes and respects all the Indigenous Nations, Traditional Lands and Territories upon which we Gather, Live, Work and Play

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VOLUNTEERING AT PSS VOLUNTEER OPPORTUNITIES



Fundraising Committee Member

Parent Support Services is currently seeking candidates from diverse backgrounds with various perspectives, to fill two (2) community member openings on our Fundraising Committee.

The committee is made up of a well-rounded and dynamic group from both the board and staff.

Candidates must:

- Be available for at least a 1-year term
- Be able to participate in monthly virtual meetings
- Support fundraising efforts (e.g., event planning, ticket sales, sponsorship sales, etc.)
- Commit to providing leadership support in order to meet the desired outcomes of our strategic plan, and move toward our vision

[APPLY NOW](#)

Event Planning Committee Member

Parent Support Services is currently seeking candidates from diverse backgrounds with various perspectives, to join our Event Planning Committee.

Committee members will provide leadership in planning, coordinating, and executing PSS community events and celebrations.

Candidates must:

- Be available for at least a 1-year term
- Be able to participate in monthly virtual meetings
- Support event planning efforts (e.g., securing sponsors and partners, ticket sales, event promotion, etc.)
- Commit to providing leadership support in order to meet the desired outcomes of our strategic plan, and move toward our vision

[APPLY NOW](#)



Join the PSS Volunteer Facebook Group to learn and share information about province-wide volunteer opportunities at PSS.

[CLICK TO JOIN](#)

Are you in the training process of becoming a Support Circle Facilitator?

Remember that the upcoming Live Zoom Sessions are happening this month on the following dates:

UPCOMING LIVE SESSIONS

- May 25th, 2023 @ 7:00 PM - 9:00 PM
- May 27th, 2023 @ 9:30 AM - 11:30 AM
- June 1st, 2023 @ 7:00 PM - 9:00 PM

[LEARN MORE](#)



*** The Self-paced learning portion of the training must be completed prior to attending these Live Zoom Sessions.*





Support our mission & GIVE BACK

**MAKE A
DIFFERENCE**

Donate today and help ensure that our services continue to support the well-being of all families and children in BC.

DONATE

For more information visit parentsupportbc.ca



MAY 2023

PSS of BC recognizes and respects all the Indigenous Nations, Traditional Lands and Territories upon which we Gather, Live, Work and Play

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GET INVOLVED! VOLUNTEER WITH PSS!

LEARN MORE!
[PSS VOLUNTEERING](#)



BOARD MEMBER AT LARGE

We are seeking candidates from diverse backgrounds who would like to volunteer their time to support children and families across BC!

Members at Large are volunteer Board members who commit to providing leadership support in order to meet the desired outcomes of our strategic plan and move toward our vision. Candidates must be available for a 3-year term, at minimum, and be able to participate in regular virtual board meetings, as well as one Committee and Annual General Meeting.

To apply fill out the [Board of Directors Application](#)



SUPPORT CIRCLE FACILITATOR

Become a Volunteer Circle Facilitator and work with our Support Circles to connect with and support caregivers in building healthier families!

Facilitators provide safe spaces for caregivers to get together and discuss their strengths, challenges or concerns about their parenting role; build a supportive network and skills; receive emotional support; develop self-advocacy skills; and boost self-esteem. Volunteers receive **Free Initial Facilitator Training**, which takes place virtually using a combination of self-paced learning models and Live Sessions.

To apply fill out the [Volunteer Facilitator Application](#)



STEERING COMMITTEE MEMBER

Would you like to connect and positively impact others? Are you a part of the following communities in the Lower Mainland: Hispanic/Spanish, Chinese or Filipino? Volunteer as a Steering Committee Member at PSS!

Volunteer Steering Committee members support our Circle Programs by providing invaluable knowledge and ideas and connecting with the local communities we serve.

To apply fill out the [Volunteer Steering Committee Application](#)





CONTACT US

PROVINCIAL OFFICE



PSS Toll-Free
1-877-345-9777



Kinship Care Help Line Toll-Free
1-855-474-9PPP



PSS Office
604-669-1616



Kinship Care Help Line Greater Vancouver
604-558-4740



PSS Email
office@parentsupportbc.ca



Kinship Care Help Line Email
kinshipcare@parentsupportbc.ca



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