

## Parenting Workshop

# **Understanding Temperament and Goodness of Fit**

#### Wednesday, October 11th 7 pm - 8:30 pm

Temperament and goodness of fit are two concepts which can help parents understand their child's behaviour and support their child's social and emotional development.

Join us as we explore:

- · ways to improve goodness of fit
- · being aware of our own temperament
- · adjusting, when needed







Registration required to participate in this workshop!

Register now - Workshop October 11th



#### In partnership with:



### GOT QUESTIONS? REACH US AT:

1-877-345-9777 (Toll-Free) office@parentsupportbc.ca parentsupportbc.ca

We acknowledge the financial support of: The Province of British Columbia &





