



Circle of Security Parenting









The Circle of Security Parenting program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Best suited for families with children 4 months to 12 years old

This <u>8-week</u> workshop will cover how to:

- Better understand your child's emotional world & learn to read their emotional needs
- Support your child and help them manage their emotions
- Enhance the development of your child's self-esteem
- Honour your child's wish to be secure

When?

Morning Session:

10am to 11am on Thursdays Starting January 18, 2024

Where?

Online Workshop:

1 Hour Via Zoom

*Limited space available.

SCAN ME

Register Now



Follow Link https://bit.ly/psscos

Or email us at office@parentsupportbc.ca

Registration deadline:

4pm January 4, 2024

PSS RECOGNIZES and RESPECTS all the INDIGENOUS NATIONS, TRADITIONAL LANDS & TERRITORIES that we GATHER, LIVE, WORK & PLAY ON across BC.

