



# **Circle of Security Parenting**









The Circle of Security Parenting program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Best suited for families with children 4 months to 12 years old

# This <u>8-week</u> workshop will cover how to:

- Better understand your child's emotional world & learn to read their emotional needs
- Support your child and help them manage their emotions
- Enhance the development of your child's self-esteem
- Honour your child's wish to be secure

#### When?

#### **Morning Session:**

10am to 11:30am on Thursdays Starting April 11, 2024

### Where?

### **Online Workshop:**

1.5 Hours Via Zoom

\*Limited space available.

# SCAN ME

## **Register Now**



Follow Link https://bit.ly/psscos

Or email us at office@parentsupportbc.ca

#### **Registration deadline:**

4pm March 25, 2024

PSS RECOGNIZES and RESPECTS all the INDIGENOUS NATIONS, TRADITIONAL LANDS & TERRITORIES that we GATHER, LIVE, WORK & PLAY ON across BC.

